



Brett Anthony

100047 - Creamed Kale Spinach Gluten Free

Amazingly delicious creamed kale and spinach casserole combines two leafy greens into one decadent dish. Unsalted Butter gives the kale mixture a rich buttery flavor that mixes well with cream and cheese. Heavy Cream makes up the base of the cream sauce.



Nutrition Facts

Servings per Container 20  
Serving size 4.00Z (4oz)

Amount per serving  
**Calories 110**

% Daily Value*	
Total Fat 6g	8%
Saturated Fat 4g	19%
Trans Fat 0g	
Cholesterol 20mg	6%
Sodium 400mg	17%
Total Carbohydrate 10g	4%
Dietary Fiber 1g	5%
Total Sugars 2g	
Includes 0g Added Sugar	0%
Protein 5g	
Vitamin D 0mcg	2%
Calcium 142mg	10%
Iron 1mg	8%
Potassium 310mg	8%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

\* Benefits

Spinach and Kale in a rich cheesy cream sauce

Ingredients

Spinach, Milk, Kale, Onion, Butter (cream, natural flavoring), Heavy Cream (cream [milk], carrageenan), Cheddar Cheese (pasteurized milk, cheese culture, salt, enzymes, annatto, powdered cellulose [to prevent caking]), Garlic (garlic, water, citric acid), Parmesan Cheese (pasteurized part-skim milk, cheese culture, salt, enzymes, powdered cellulose [to prevent caking]), Salt, White Pepper, Nutmeg.  
CONTAINS: MILK.

Allergens

Contains:



Free From:



Handling Suggestions

Keep Refrigerated

Serving Suggestions

Side Dish

Prep & Cooking Suggestions

Product should be completely thawed prior to cooking. Place pan in steamer for 15-20 minutes or until internal temperature of 165F.

Product Specifications

Brand	Manufacturer
Brett Anthony	Brett Anthony Foods

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
	850019748949	100047	0000850019748949		4/5 LB

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
21.5lb	20lb	United States	No	

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
11in	10.5in	9in	0.6ft3	9x8	240days	-5°F / -2°F



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Nutrition Analysis - By Measure

Calories	110	Total Fat	6g	Sodium	400mg
Protein	5	Trans Fats	0g	Calcium	142mg
Total Carbohydrates...	10g	Saturated Fat	4g	Iron	1mg
Sugars	2g	Added Sugars	0g	Potassium	310mg
Dietary Fiber	1g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	20mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

Additional Images

