



Global Village Foods
100134 - Chickpea Vegetable Tajine

Chickpea Vegetable Tajine
VEGAN / GLUTEN FREE / Dairy, Egg, Nut, Sesame & Seafood FREE
Rich & fragrant tomato based Mediterranean Chickpea Stew accented with the natural sweetness of carrots and raisins.



* Benefits

Chickpea Vegetable Tajine (BULK ENTREE) :
VEGAN / GLUTEN FREE / Dairy, Egg, Nut, Sesame & Seafood FREE
Chickpeas in a rich savory tomato stock full of fragrant Mediterranean herbs & spices, accented with the natural sweetness of carrots and raisins. Ready to heat and serve from boil/steam bag. Perfect to add flavor diversity and menu options on any hot bar service line.

Ingredients

Chickpeas, Carrots, Tomato Paste [tomato], Raisins, Scallions, Cilantro, Turmeric, Cumin, Coriander, Fenugreek, Black Pepper, Spices, Salt. Brown Rice, Millet, Sunflower Oil, Salt.

⚠ Allergens

Free From:



Nutrition Facts

Servings per Container 22
Serving size 7.00Z (7oz)

Amount per serving
Calories 120

	% Daily Value*
Total Fat 2g	3%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 220mg	10%
Total Carbohydrate 22g	8%
Dietary Fiber 6g	21%
Total Sugars 6g	
Includes 0g Added Sugar	0%
Protein 5g	
Vitamin D 0mcg	0%
Calcium 50mg	4%
Iron 2.6mg	15%
Potassium 350mg	8%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Handling Suggestions

KEEP FROZEN Slack 1 -2 days before use (good for 7 days once thawed) can be heated from frozen with additional time allowed for slower gentle warming

Serving Suggestions

HEAT & SERVE on Hot Bar line with Brown rice or other staple Can be served as entree to hot or cold, individually portioned, service line meal.

Prep & Cooking Suggestions

1) Slack amount needed, 1-2 days before use (if possible) 2) submerge bags in simmering water or place in steamer (allow longer time if starting from frozen) 3) check temp by folding bag over probe thermometer, till 165 temperature is reached serve from hot bar with brown rice or other staple

✍ Product Specifications

Brand	Manufacturer
Global Village Foods	Global Village Foods

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
	veCPT	100134	00860008177711		2/5 LB

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
10.75lb	10lb	United States	No	

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
12in	10in	6in	0.42ft3	16x10	270days	-5°F / -2°F



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Nutrition Analysis - By Measure

Calories	120	Total Fat	2g	Sodium	220mg
Protein	5	Trans Fats	0g	Calcium	50mg
Total Carbohydrates...	22g	Saturated Fat	0g	Iron	2.6mg
Sugars	6g	Added Sugars	0g	Potassium	350mg
Dietary Fiber	6g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

