



Global Village Foods

100135 - Swahili Curry Chicken & Millet Brow

A vibrant curried chicken stew with potatoes, infused with coconut milk and lime juice, for the rich savory taste of the East African Coast, served with a hearty brown rice blended with nutrient-rich millet. Sell from frozen shelf or slack & date 7 days for PFD Grab & Go.



Nutrition Facts

Servings per Container	1
Serving size	11.5OZ
Amount per serving	
Calories	420
% Daily Value*	
Total Fat 7g	9%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 65mg	22%
Sodium 440mg	19%
Total Carbohydrate 62g	23%
Dietary Fiber 6g	21%
Total Sugars 1g	
Includes 0g Added Sugar	0%
Protein 26g	
Vitamin D 0mcg	0%
Calcium 30mg	2%
Iron 2.2mg	10%
Potassium 620mg	15%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

SWAHILI CURRY CHICKEN w/ MILLET-BROWN RICE
VEGAN / GLUTEN FREE / Dairy, Egg, Nut, Sesame & Seafood FREE
A vibrant curried chicken stew with potatoes, infused with coconut milk and lime juice, for the rich savory taste of the East African Coast, served with a hearty brown rice blended with nutrient-rich millet. These individually packaged, heat-and-serve meals sell great from frozen shelf or can be thawed, dated for 7 days and presented from prepared-food grab & go case. Easy and complete warming instructions, product and brand information included to engage quality conscious buyers at the point of sale.

Ingredients

Chicken, Potatoes, Onion, Curry Powder, Coconut Milk, Lime Juice, Arrowroot, Salt, Black Pepper, Spices, Salt. Brown Rice, Millet, Sunflower Oil, Salt.

⚠ Allergens

Free From:

- crustaceans
- eggs
- fish
- milk
- peanuts
- sesame
- soy
- tree nuts
- wheat

Handling Suggestions

Keep frozen. If thawed use within 7 days. UNIT UPC: 865130000005

Serving Suggestions

Sell direct to consumer from : 1) frozen case, 2) slack and add 7 day date, sell from Grab & Go case

Prep & Cooking Suggestions

MICROWAVE: From frozen (If thawed, half the times below)
1) Peel corner of film & heat on HIGH for 3 min.
2) Stir, add 1-2 tsp water if desired, and heat 1-2 more min.
3) Let stand 1 minute before enjoying
OVEN: Thaw meal before warming
1) Remove carton and plastic film
2) Heat on baking sheet at 350 for 30-35 min.
3) Add 1-2 tsp water, stir, heat 10-15 more min.

✍ Product Specifications

Brand	Manufacturer
Global Village Foods	Global Village Foods

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
865130000005	rSCC	100135	10865130000002		6/11.5 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
4.85lb	4.35lb	United States	No	

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
11in	7in	7in	0.31ft3	23x9	270days	-5°F / -2°F



Global Village Foods

100135 - Swahili Curry Chicken & Millet Brow



A vibrant curried chicken stew with potatoes, infused with coconut milk and lime juice, for the rich savory taste of the East African Coast, served with a hearty brown rice blended with nutrient-rich millet. Sell from frozen shelf or slack & date 7 days for PFD Grab & Go.

Nutrition Analysis - By Measure

Calories	420	Total Fat	7g	Sodium	440mg
Protein	26	Trans Fats	0g	Calcium	30mg
Total Carbohydrates...	62g	Saturated Fat	1.5g	Iron	2.2mg
Sugars	1g	Added Sugars	0g	Potassium	620mg
Dietary Fiber	6g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	65mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

 Additional Images

