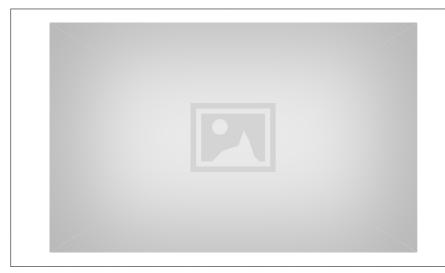


#### **Global Village Foods**

#### 100136 - Moroccan Lemon Chicken & Millet Bro



A North African taste sensation, boneless chicken cooked with spiced lemon and green olives simmered in a bright zesty sauce full of tangy herbs and spices, served with a hearty brown rice blended with nutrient-rich millet. Sell from frozen shelf or slack & date 7 days for PFD Grab & Go.



#### \* Benefits

MOROCCAN LEMON CHICKEN & OLIVES w/ MILLET-BROWN RICE MOROCCAN LEMON CHICKEN & OLIVES W MILLET-BROWN RICE
YEGAN / GLUTEN FREE / Dairy, Egg, Nut, Sesame & Seafood FREE
A North African taste sensation, boneless chicken cooked with spiced lemon and green olives simmered in a bright zesty sauce full of tangy herbs and spices, served with a hearty brown rice blended with nutrient-rich millet. These individually packaged, heat-and-serve meals sell great from frozen shelf or can be thawed, dated for 7 days and presented from prepared-food grab & go case. Easy and complete warming instructions, product and brand information included to engage quality conscious buyers at the point of sale.

#### Ingredients

Chicken, Stuffed Green Olives [olives, pimento, salt, lactic acid, sodium alginate, guar gum], Water, Lemon Juice [lemon, citric acid], Lemons, Garlic, Arrowroot, Coriander, Turmeric, Cumin, Paprika, Parsley, Black Pepper, Salt. Brown Rice, Millet, Sunflower Oil, Salt.

A Allergens

#### Free From:







# **Nutrition Facts**

Servings per Container 11.5 OZ Serving size

# Amount per serving

Calories	420
% D	aily Value*
Total Fat 10 g	13%
Saturated Fat 1.5 g	8%
Trans Fat 0 g	
Cholesterol 65 mg	22%
Sodium 700 mg	30%
Total Carbohydrate 55 g	20%
Dietary Fiber 5 g	18%
Total Sugars 0.5 g	
Includes 0 g Added Sugar	0%
Protein 26 g	_
Vitamin D 0 mcg	0%
Calcium 50 mg	4%
Iron 2.2 mg	10%
Potassium 530 mg	10%

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

# Handling Suggestions

Keep frozen. If thawed use within 7 days.--

UNIT UPC: 865130000098

# Serving Suggestions

Sell direct to consumer from: 1) frozen case, 2) slack and add 7 day date, sell from Grab & Go case

# Prep & Cooking Suggestions

MICROWAVE: From frozen (If thawed, half the times below) 1) Peel corner of film & heat on HIGH for 3 min., 2) Stir, add 1-2 tsp water if desired, and heat 1-2 more min.

3) Let stand 1 minute before enjoying

OVEN: Thaw meal before warming

1) Remove carton and plastic film

2) Heat on baking sheet at 350 for 30-35 min.

3) Add 1-2 tsp water, stir, heat 10-15 more min.

# **Product Specifications**

Brand	Manufacturer
Global Village Foods	Global Village Foods

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
865130000098	rMLC	100136	10865130000095		6/11.5 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
4.85 lb	4.35 lb	United States of America	No	

Shipping Information						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
11 in	7 in	7 in	0.31 ft3	23x9	270 days	-5 °F / -2 °F





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# Nutrition Analysis - By Measure

Calories	420	Total Fat	10 g	Sodium	700 mg
Protein	26	Trans Fats	0 g	Calcium	50 mg
Total Carbohydrates	55 g	Saturated Fat	1.5 g	Iron	2.2 mg
Sugars	0.5 g	Added Sugars	0 g	Potassium	530 mg
Dietary Fiber	5 g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	65 mg		
Vitamin A(IU)•		Vitamin D	0 mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

0	Additional Images					

