



Vermont Creamery
10063 - Goat Log

The Vermont Creamery story begins with this mild fresh goats' milk cheese.



Nutrition Facts

Servings per Container 8
Serving size 1.0OZ (1oz)

Amount per serving
Calories 80

	% Daily Value*
Total Fat 6g	0%
Saturated Fat 4g	20%
Trans Fat	
Cholesterol 25mg	8%
Sodium 60mg	3%
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Total Sugars 1g	
Includes 0g Added Sugar	0%
Protein 5g	
Vitamin D 0mcg	0%
Calcium 21mg	2%
Iron 0mg	0%
Potassium 40mg	1%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Our award-winning fresh goat cheese is distinguished by its fresh milk taste, mild flavor and smooth texture.

Ingredients

Pasteurized Cultured Goats' Milk (cultures contain milk), Salt, Enzymes. CONTAINS: Milk

⚠ Allergens

Contains:



Free From:



Handling Suggestions

See label for suggestions

Serving Suggestions

Crumble it on salads, sprinkle on flatbreads, or spread on sandwiches. Use as a filling for ravioli, burgers or quiche. Spread it on crackers or rustic bread.

Prep & Cooking Suggestions

See label for suggestions

📄 Product Specifications

Brand	Manufacturer	Product Category
Vermont Creamery	Land O Lakes Inc	Cheese

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
011826100690	10069-12	10063	10011826100697		12/8 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
7lb	6lb	United States		

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
14.13in	10.63in	2.75in	0.24ft3	11x10	68days	35°F / 37°F



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Nutrition Analysis - By Measure

Calories	80	Total Fat	6g	Sodium	60mg
Protein	5	Trans Fats		Calcium	21mg
Total Carbohydrates...	1g	Saturated Fat	4g	Iron	0mg
Sugars	1g	Added Sugars	0g	Potassium	40mg
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	25mg		
Vitamin A(U)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

