



Genius

100709 - Wonder Full Artisan Country Loaf

The Future of Bakery? Genius has started a revolution with a bakery range that doesnt just taste incredible, its boosted with gut lovin fiber and prebiotics and always gluten-free. Genius Wonder-Full Artisan Country Loaf is soft, delicious, and packed with gut-healthy benefits.



* Benefits

Traditional bakery is known for tasting great, but not for its health credentials. At Genius, we thought, imagine if you could eat delicious bread AND get nutritious health benefits at the same time? We set out to do just that: a range of products that makes lovin your gut easy. Research has already proved that our guts are seriously clever and have a huge part to play in things like energy, mood & immunity. And we knew that, if you love your gut, you could unlock a healthier you and even release your inner Genius! We eliminated barriers that cause people to reduce their bread intake (gluten, sugar, artificial preservatives) and focused on delivering gut health fiber including prebiotic fiber, vitamins & minerals. The result? A range of gut lovin artisan breads, loaves & buns that taste incredible. Imagine what you could do if you showed your gut some love? Genius Wonder-Full Artisan Country Loaf is so soft and delicious, you would never know that it's packed with gut healthy benefits! This bread is great for toasting, sandwich making, and your family's dinner table. It's good for the gut because it is a good source of fiber and prebiotics, gluten free, a source of vitamins & minerals, milk free, free from artificial ingredients and preservatives, and made from Non-GMO ingredients.

Ingredients

Water, Starches (Tapioca, Potato, Maize), Rapeseed Oil, Rice Flour, Psyllium Husk, Sugar, Stabilisers (Hydroxypropyl Methyl Cellulose, Xanthan Gum), Humectant (Vegetable Glycerol), Dried Egg White, Yeast, Bamboo Fibre, Iodised Salt (Salt, Potassium Iodate), Fermented Maize Starch, Flavouring.
Vitamins & Minerals: Calcium Carbonate, Niacin, Iron, Riboflavin, Thiamin, Folic Acid.

⚠ Allergens

Contains:



Free From:



crustaceans



fish



milk



peanuts



soy



tree nuts



wheat

Nutrition Facts

Servings per Container 5
Serving size 77.0g (77g)

Amount per serving
Calories 210

% Daily Value*

Total Fat 6g 8%

Saturated Fat 0g 0%

Trans Fat

Cholesterol 0mg 0%

Sodium 320mg 14%

Total Carbohydrate 39g 14%

Dietary Fiber 5g 18%

Total Sugars 2g

Includes 2g Added Sugar %

Protein 2g

Vitamin D 0mcg 0%

Calcium 90mg 6%

Iron 2mg 12%

Potassium 35mg 0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Handling Suggestions

Shelf stable or frozen

Serving Suggestions

5 servings per loaf

Prep & Cooking Suggestions

Toast, sandwich with meats and cheese, add butter or your favorite topping or spread.

✎ Product Specifications

Brand	Manufacturer
Genius	Genius Foods Ltd

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
812217020692	F000750	100709	00812217020708		6/13.6 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
5.9lb	5.1lb	United Kingdom	No	

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
15.5in	11.6in	7.9in	0.82ft3	8x8	312days	-2°F / -5°F



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Nutrition Analysis - By Measure

Calories	210	Total Fat	6g	Sodium	320mg
Protein	2	Trans Fats		Calcium	90mg
Total Carbohydrates...	39g	Saturated Fat	0g	Iron	2mg
Sugars	2g	Added Sugars	2g	Potassium	35mg
Dietary Fiber	5g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

Additional Images

