



JosÃ© AndrÃ©s
1011641 - Croquettes With Iberico Ham

Fine bechamel Iberico ham flavored croquettes. A creamy bechamel sauce together with Iberico and Serrano ham bites, and a crispy crust, creates the perfect Spanish snack.



Nutrition Facts

Servings per Container	10
Serving size	31grams (11N)
Amount per serving	
Calories	80
% Daily Value*	
Total Fat 4g	5%
Saturated Fat 2.5g	13%
Trans Fat 0g	
Cholesterol 15mg	5%
Sodium 230mg	10%
Total Carbohydrate 6g	2%
Dietary Fiber 0g	0%
Total Sugars 1g	
Includes 0g Added Sugar	0%
Protein 4g	
Vitamin D 0mcg	0%
Calcium 30mg	2%
Iron 0.5mg	2%
Potassium 50mg	2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Benefits

Croquetas are a staple in every home in Spain meal. Chicken, Meat, Seafood or Vegetables brought together with a creamy rich bechamel and deep fried. My croquetas are like the ones my mom made: golden brown and crispy on the outside, warm and comforting when you take a bite. Eat like a Spaniard!

Ingredients

WHOLE MILK, ONIONS, IBERICO (PORK SHOULDER, SEA x ' SALT), BREAD CRUMBS (WHEAT FLOUR, SUGAR, LESS THAN 2% OF EACH THE FOLLOWING: SALT, YEAST, EXPELLER PRESSED CANOLA OIL), PORK HAM (HAM, SEA SALT), ENRICHED UNBLEACHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMINE, RIBOFLAVIN, FOLIC ACID), BUTTER (CREAM, NATURAL FLAVOR), CHICKEN STOCK (CHICKEN, WATER, CARROTS, CELERY, ONIONS, SALT, PEPPER), PASTEURIZED LIQUID EGGS (WHOLE EGGS, CITRIC ACID), HEAVY CREAM (HEAVY CREAM, SKIM MILK, CARRAGEENAN), SALT, GELATINE

Allergens

Contains:

milk soy wheat

Free From:

crustaceans eggs fish peanuts
sesame tree nuts

Handling Suggestions

Keep frozen until ready to cook.
UNIT UPC: 850060985027

Serving Suggestions

Serve by itself as finger food or snack.

Prep & Cooking Suggestions

Conventional Oven or Air Fryer: Preheat Over or Air Fryer to 375 F. Heat and bake for 5 min, center is 165 F. Drain on paper towels and let stand for 1 minute before serving. Deep Fry: Preheat oil to 375 F. Deep fry for 3 min or internal temp is 165 F

Product Specifications

Brand	Manufacturer
JosÃ© AndrÃ©s	Sukalde Inc

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
850060985027	SUK-513	1011641	10850060985024		12/11 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
9.63lb	8.25lb	United States	No	

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
18in	6.5in	6.5in	0.44ft3	14x9	475days	-5°F / -2°F



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Nutrition Analysis - By Measure

Calories	80	Total Fat	4g	Sodium	230mg
Protein	4	Trans Fats	0g	Calcium	30mg
Total Carbohydrates...	6g	Saturated Fat	2.5g	Iron	0.5mg
Sugars	1g	Added Sugars	0g	Potassium	50mg
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	15mg		
Vitamin A(IU)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

