



JosÃ© AndrÃ©s

# 1011641 - Croquettes With Iberico Ham

Fine bechamel Iberico ham flavored croquettes. A creamy bechamel sauce together with Iberico and Serrano ham bites, and a crispy crust, creates the perfect Spanish snack.



## Nutrition Facts

Servings per Container 10  
Serving size 31grams (11N)

Amount per serving  
**Calories 80**

% Daily Value\*

|                      |       |     |
|----------------------|-------|-----|
| Total Fat            | 4g    | 5%  |
| Saturated Fat        | 2.5g  | 13% |
| Trans Fat            | 0g    |     |
| Cholesterol          | 15mg  | 5%  |
| Sodium               | 230mg | 10% |
| Total Carbohydrate   | 6g    | 2%  |
| Dietary Fiber        | 0g    | 0%  |
| Total Sugars         | 1g    |     |
| Includes Added Sugar | 0g    | 0%  |
| Protein              | 4g    |     |
| Vitamin D            | 0mcg  | 0%  |
| Calcium              | 30mg  | 2%  |
| Iron                 | 0.5mg | 2%  |
| Potassium            | 50mg  | 2%  |

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### \* Benefits

Croquetas are a staple in every home in Spain meal. Chicken, Meat, Seafood or Vegetables brought together with a creamy rich bechamel and deep fried. My croquetas are like the ones my mom made: golden brown and crispy on the outside, warm and comforting when you take a bite. Eat like a Spaniard!

### Ingredients

WHOLE MILK, ONIONS, IBERICO (PORK SHOULDER, SEA x SALT), BREAD CRUMBS (WHEAT FLOUR, SUGAR, LESS THAN 2% OF EACH THE FOLLOWING: SALT, YEAST, EXPELLER PRESSED CANOLA OIL), PORK HAM (HAM, SEA SALT), ENRICHED UNBLEACHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMINE, RIBOFLAVIN, FOLIC ACID), BUTTER (CREAM, NATURAL FLAVOR), CHICKEN STOCK (CHICKEN, WATER, CARROTS, CELERY, ONIONS, SALT, PEPPER), PASTEURIZED LIQUID EGGS (WHOLE EGGS, CITRIC ACID), HEAVY CREAM (HEAVY CREAM, SKIM MILK, CARRAGEENAN), SALT, GELATINE

### Allergens

#### Contains:



#### Free From:



### Handling Suggestions

Keep frozen until ready to cook.  
UNIT UPC: 850060985027

### Serving Suggestions

Serve by itself as finger food or snack.

### Prep & Cooking Suggestions

Conventional Oven or Air Fryer: Preheat Over or Air Fryer to 375 F. Heat and bake for 5 min, center is 165 F. Drain on paper towels and let stand for 1 minute before serving. Deep Fry: Preheat oil to 375 F. Deep fry for 3 min or internal temp is 165 F

### Product Specifications

| Brand                                       | Manufacturer |
|---|--------------|
| Jos <span>Ã</span> © Andr <span>Ã</span> ©s | Sukalde Inc  |

| UPC          | MFG #   | SPC #   | GTIN           | Pack | Pack Desc. |
|--------------|---------|---------|----------------|------|------------|
| 850060985027 | SUK-513 | 1011641 | 10850060985024 |      | 12/11 OZ   |

| Gross Weight | Net Weight | Country of Origin | Kosher | Child Nutrition |
|--------------|------------|-------------------|--------|-----------------|
| 9.63lb       | 8.25lb     | United States     | No     |                 |

| Shipping Information |       |        |         |       |            |                      |
|----------------------|-------|--------|---------|-------|------------|----------------------|
| Length               | Width | Height | Volume  | TlxHl | Shelf Life | Storage Temp From/To |
| 18in                 | 6.5in | 6.5in  | 0.44ft3 | 14x9  | 475days    | -5°F / -2°F          |



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## Nutrition Analysis - By Measure

|                        |    |                     |      |               |       |
|------------------------|----|---------------------|------|---------------|-------|
| Calories               | 80 | Total Fat           | 4g   | Sodium        | 230mg |
| Protein                | 4  | Trans Fats          | 0g   | Calcium       | 30mg  |
| Total Carbohydrates... | 6g | Saturated Fat       | 2.5g | Iron          | 0.5mg |
| Sugars                 | 1g | Added Sugars        | 0g   | Potassium     | 50mg  |
| Dietary Fiber          | 0g | Polyunsaturated Fat |      | Zinc          |       |
| Lactose                |    | Monounsaturated Fat |      | Phosphorus    |       |
| Sucrose                |    | Cholesterol         | 15mg |               |       |
| Vitamin A(U)           |    | Vitamin D           | 0mcg | Thiamin       |       |
| Vitamin A(RE)          |    | Vitamin E           |      | Niacin        |       |
| Vitamin C              |    | Folate              |      | Riboflavin    |       |
| Magnesium              |    | Vitamin B-6         |      | Vitamin B-1 2 |       |
| Monosodium             |    | Sulphites           |      | Nitrates      |       |

## Additional Images

