

The Plant-it Food Company 101261 - Chili Burrito Bowl Vegan



Chilli Burrito Bowl. Made with plant based chili, Red Peppers, Rice and salsa. High in protein, rich in fiber and only 330 calories per meal. Our Burrito Bowl is ready in just 7 minutes.



* Benefits

Chilli Burrito Bowl. 5 Bean Plant based Chilli, Red Peppers, Rice, Salsa and Vegan Cheeze

Ingredients

Cooked White Basmati Rice (Water, Rice), Chili (Crushed Tomato, Water, Mixed Beans (Kidney Bean, White Bean, Butter Bean, Chickpeal, Textured Pea Protein, Vegan Cheese [Water, Coconut Oil, Modified Potato Starch, Oat Fiber, Corn Starch, Salt, Modified Corn Starch, Tricalcium Citrate, Carrageenan, Guar Gum, Natural Flavorings, Lactic Acid, Sodium Lactate, -Carotene (Color)], Chipotle Paste [Chipotle Chili, Tomato Pure, Onion, Water, Spirit Vinegar, Garlic Pure, Salt, Sugar, Coriander, Acetic Acid, Corn Flourl, Onion, Seasoning Ispices (Papriak (Color), Cayenne Pepper, Cumin), Salt, Onion Powder, Corn Flour, Maltodextrin, Garlic Powder, Oregano, Marjoram, Natural Flavoring, Yeast Extract Powder, Garlic Powder, Beetroot Pure, Methyl Cellulose, Sunflower Oil, Natural Flavorings, Caramel Color, Calcium Carbonate, Black Pepper, Smoked Paprika (Color), Nutmeg, Iron, Vitamin B12), Salsa (Tomato, Onion, Tomato Pure, Red Bell Pepper, Green Bell Pepper, Jalapeno Pepper, Modified Corn Starch, Concentrated Lime Juice, Citric Acid, Coriander Leaf, Black Pepper, Artificial Flavoring), Kidney Beans, Red Bell Pepper, Scallions, Jalapenos, Lime Juice.

Allergens

Free From:



(🛞) wheat

Nutrition Facts

Servings per Container 1meal (11.5oz) Serving size

Amount per serving **Calories**

330

% Da	ily Value*
Total Fat 5g	6%
Saturated Fat 2.5g	12%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 490mg	21%
Total Carbohydrate 56g	20%
Dietary Fiber 7g	25%
Total Sugars 6g	
Includes 1g Added Sugar	%
Protein 15g	_
Vitamin D 0mcg	0%
Calcium 105mg	8%
Iron 2mg	10%
Potassium 280mg	6%

^{*} The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Handling Suggestions

Frozen product, keep frozen UNIT UPC: 840202202983

Serving Suggestions

Heat & Serve with Guacamole

Prep & Cooking Suggestions

Microwave:Remove packaging, pierce film several times and microwave at 1000W for 6mins. For lower wattage ovens increase heating time. Leave to stand for 1min before serving.

Oven:Pre-heat oven to 400F, Fan 360F, Gas 6. Remove outer packaging and film. Cover loosely with foil, cook for 30Mins. Remove foil, stir and continue cooking for further 10-15mins. Ensure product is cooked to 165F.

Product Specifications

Brand	Manufacturer
The Plant-it Food Company	Earth Grown Foods Limited

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
840202202983	RF7502	101261	00840202202990		6/11.5 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
5.42lb	4.31lb	Ireland	No	

Shipping Information						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
12.76in	8.35in	5.75in	0.35ft3	16x11	237days	-5°F / -2°F





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Nutrition Analysis - By Measure

Calories	330	Total Fat	5g	Sodium	490mg
Protein	15	Trans Fats	0g	Calcium	105mg
Total Carbohydrates	56g	Saturated Fat	2.5g	Iron	2mg
Sugars	6g	Added Sugars	1g	Potassium	280mg
Dietary Fiber	7g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

0	Additional Images					

