



Love Struck

# 101273 - Avo Go Go Smoothie 5 Ct

Velvety smooth avocado meets broccoli, spinach, mango, coconut, lime and ginger for an oh so good taste sensation! Popular with customers across the world this is a top selling smoothie.



## Nutrition Facts

Servings per Container **5**  
Serving size **1pack (140g)**

Amount per serving  
**Calories 110**

% Daily Value\*

<b>Total Fat</b> 6g	<b>8%</b>
Saturated Fat 3.5g	<b>18%</b>
Trans Fat	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 15mg	<b>1%</b>
<b>Total Carbohydrate</b> 10g	<b>4%</b>
Dietary Fiber 3g	<b>11%</b>
Total Sugars 7g	
Includes 0g Added Sugar	<b>0%</b>
<b>Protein</b> 3g	
Vitamin D 0mcg	<b>0%</b>
Calcium 60mg	<b>5%</b>
Iron 1mg	<b>6%</b>
Potassium 450mg	<b>10%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### \* Benefits

Velvety smooth avocado meets broccoli, spinach, mango, coconut, lime and ginger for an oh so good taste sensation!

### Ingredients

Mango, Spinach, Avocado, Broccoli, Coconut milk pellets, Lime juice pellets, Ginger

### ⚠ Allergens

#### Free From:

- crustaceans
- eggs
- fish
- milk
- peanuts
- soy
- tree nuts
- wheat

### Handling Suggestions

Frozen

### Serving Suggestions

Pre-prepped frozen smoothie sachets. Makes a perfect smoothie with minimum waste and time. Simply blend one of our 4.9oz frozen fruit or vegetable sachets with 7 fl oz of liquid to make the perfect smoothie in 30 seconds. Perfect every time. Just 3 steps!

### Prep & Cooking Suggestions

Add 7 fl oz of liquid to a blender. Add a 4.9oz sachet. Blend for 30 seconds. Serve in 12oz cup

### 📄 Product Specifications

Brand	Manufacturer	Product Category
Love Struck	Love Struck Inc	

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
5060280583377	8620	101273	15060280584685		6/24.7 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
12.44lb	9.26lb	Poland	No	

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
15.55in	9.84in	6.3in	0.56ft3	12x12	475days	-2°F / -5°F



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## Nutrition Analysis - By Measure

Calories	110	Total Fat	6g	Sodium	15mg
Protein	3	Trans Fats		Calcium	60mg
Total Carbohydrates...	10g	Saturated Fat	3.5g	Iron	1mg
Sugars	7g	Added Sugars	0g	Potassium	450mg
Dietary Fiber	3g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(U)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

### Additional Images

