



Esti

102281 - Everything Bagel Dip & Pita Chips

ESTI Everything Bagel Dip is made with authentic Greek yogurt from Thessaly, Northern Greece. Dip in the delicious, crispy pita chips and enjoy it on the go!



Nutrition Facts

Servings per Container 2
Serving size 65grams (2.3oz)

Amount per serving
Calories 139

	% Daily Value*
Total Fat 7g	9%
Saturated Fat 3.5g	17%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 380mg	17%
Total Carbohydrate 15g	5%
Dietary Fiber 2g	7%
Total Sugars 3g	
Includes 0g Added Sugar	0%
Protein 5g	
Vitamin D 0mcg	0%
Calcium 80mg	8%
Iron 0.36mg	2%
Potassium 100mg	2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Everything bagel dip & pita chips

Ingredients

EVERYTHING BAGEL DIP: STRAINED YOGURT (PASTEURIZED COWS MILK, BUTTER, MILK PROTEIN, YOGURT CULTURE), POPPY SEEDS, GARLIC, ONION, WHITE SESAME SEEDS, BLACK SESAME SEEDS, SEA SALT. PITA CHIPS: WHEAT FLOUR, OLIVE OIL, SUNFLOWER OIL, SALT, YEAST.

Allergens

Contains:

milk sesame wheat

Free From:

crustaceans eggs fish peanuts
 soy tree nuts

Handling Suggestions

Keep refrigerated until the expiration date. UNIT UPC: 819530021191

Serving Suggestions

Ready to eat

Prep & Cooking Suggestions

Serve directly

Product Specifications

Brand	Manufacturer
Esti	Esti Foods

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
819530021191	60157	102281	10819530021198		12/4.6 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
4.4lb	3.45lb	Greece	No	

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
4.33in	15.35in	12in	0.46ft3	10x21	39days	35°F / 37°F



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Nutrition Analysis - By Measure

Calories	139	Total Fat	7g	Sodium	380mg
Protein	5	Trans Fats	0g	Calcium	80mg
Total Carbohydrates...	15g	Saturated Fat	3.5g	Iron	0.36mg
Sugars	3g	Added Sugars	0g	Potassium	100mg
Dietary Fiber	2g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	10mg		
Vitamin A(U)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2	
Monosodium		Sulphites		Nitrates	

Additional Images

