



Carmencita

# 102356 - Seafood Paella Kit With Pan

SEAFOOD PAELLA KIT 2 SERVINGS, CARMENCITA BRAND, ORIGIN SPAIN. Gluten free, no glutamate, no preservatives & no artificial flavor. Paella pan suitable for electric, gas, induction and ceramic. Bring to your home the real seafood paella flavor from Spain.



## Nutrition Facts

Servings per Container 2  
Serving size 1/2 of Container (4.67oz)

Amount per serving  
**Calories 580**

	% Daily Value*
<b>Total Fat</b> 20g	<b>26%</b>
Saturated Fat 3.5g	<b>18%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 1430mg	<b>62%</b>
<b>Total Carbohydrate</b> 92g	<b>33%</b>
Dietary Fiber 1g	<b>4%</b>
Total Sugars 2g	
Includes 1g Added Sugar	<b>%</b>
<b>Protein</b> 8g	
Vitamin D 0mcg	<b>0%</b>
Calcium 90mg	<b>6%</b>
Iron 1mg	<b>6%</b>
Potassium 210mg	<b>4%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### \* Benefits

Carmencita Spain (JESS NAVARRO S.A) was established in 1923 and was the first Spanish company to bottle spices in glass jars. The vocation of this pioneering and innovative company led Carmencita Spain to develop a mixture of spices for seasoning paellas which eventually gave rise to our famous Paellero, a veritable symbol in Spain and many countries around the world. In an attempt to bring the concept of paella to the world, we have developed The Paella kit, for consumers who want everything they need to make a real paella, including the paella pan, in a single product. Paella kit contains the sachet with the dehydrated stock, including spices and saffron, the pack of round rice variety from Valencia and a bottle of extra virgin olive oil. All of these ingredients are in the precise proportion needed to make a 2 servings paella in 20-25 minutes. Seafood Paella kit 2 servings (CARMENCITA). Gluten free. No glutamate, no preservatives, no artificial flavors. Paella pan suitable for electric, gas, induction and ceramic.

### Ingredients

Rice: Round paella rice.  
Oil: Extra virgin olive oil.  
Dry stock: Spices 40% (garlic, nora pepper, onion, paprika, pepper and saffron), salt, natural flavors (contain crustaceans, fish and seafood extract), sugar, tomato and color added (Turmeric oleoresin).  
Contains: lobster, codfish and shrimp.

### Allergens

#### Contains:

crustaceans fish

#### Free From:

eggs milk peanuts sesame  
 soy tree nuts wheat

### Handling Suggestions

Keep in a cool and dry place. UNIT  
UPC: 706241658917

### Serving Suggestions

Optionally, to give it a personal touch, saute some pieces squid and shrimp or add some mussels in the last 5 minutes. The heat should be evenly distributed under the entire base of the pan.

### Prep & Cooking Suggestions

1. Add the olive oil to the paella pan and heat on a medium-low burner. 2. Add the round rice and stir for 1-2 min. 3. Add the dry stock and mix well. Add 3 cups of lukewarm water and turn the burner up to medium high. 4. When it begins to boil, cook at medium-high heat for the first 10 min., and then reduce the heat to medium-low until the rice has absorbed all the liquid (approx. 8 min. more).

### Product Specifications

Brand	Manufacturer
Carmencita	Carmencita USA Inc

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
706241658917	03465	102356	10706241658914		5/9.35 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
11.3lb	2.92lb	Spain	No	

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
14.96in	9.84in	11.42in	0.97ft3	12x6	475days	60°F / 77°F



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## Nutrition Analysis - By Measure

Calories	580	Total Fat	20g	Sodium	1430mg
Protein	8	Trans Fats	0g	Calcium	90mg
Total Carbohydrates...	92g	Saturated Fat	3.5g	Iron	1mg
Sugars	2g	Added Sugars	1g	Potassium	210mg
Dietary Fiber	1g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(U)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2	
Monosodium		Sulphites		Nitrates	

### Additional Images

