



Ocean Legacy

102625 - Blue Swimming Crabmeat Lump

Lump Crabmeat, Pasteurized, 1 lb. can, Ready to Eat, Great ingredient for Crab Cakes, Appetizers, Center of the Plate, Add On, Topping, Multiple Menu Usages.



Nutrition Facts

Servings per Container 5  
Serving size 3.00Z (3oz)

Amount per serving  
Calories 100

	% Daily Value*
Total Fat 1g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 95mg	32%
Sodium 330mg	14%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugar	0%
Protein 20g	
Vitamin D 0mcg	0%
Calcium 130mg	10%
Iron 1mg	6%
Potassium 300mg	6%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

\* Benefits

Direct Source Seafoods premium Ocean Legacy Lump - Blue Swimming Crabmeat, Pasteurized in a 1 lb. can. This product is also a Monterey Bay Aquarium Good Alternative Crabmeat. Lump is a great lower cost alternative to Jumbo Lump, to create robust and large crab pieces in crab cakes.

Ingredients

Blue Swimming Crab, Sodium Acid Pyrophosphate

Allergens

Contains:

crustaceans

Free From:

eggs fish milk peanuts  
sesame soy tree nuts wheat

Handling Suggestions

Keep Refrigerated. Do not freeze. Once opened, keep in refrigerator and use within 2 days. UNIT UPC: 618864616062

Serving Suggestions

Keep Refrigerated until ready to use. Do not freeze. Great ingredient for Crab Cakes, Appetizers, Center of the Plate, Add On, Topping, Multiple Menu Usages.

Prep & Cooking Suggestions

Keep Refrigerated until ready to use. Product is fully cooked and pasteurized. Great ingredient for Crab Cakes, Appetizers, Center of the Plate, Add On, Topping, Multiple Menu Usages.

Product Specifications

Brand	Manufacturer
Ocean Legacy	Direct Source Seafood LLC

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
618864616062	CMOLB08812X16LK	102625	10618864616069		12/1 LB

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
17lb	12lb	Sri Lanka	No	

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
16.1in	12.2in	3.5in	0.4ft3	8x18	351days	35°F / 37°F



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Nutrition Analysis - By Measure

Calories	100	Total Fat	1g	Sodium	330mg
Protein	20	Trans Fats	0g	Calcium	130mg
Total Carbohydrates...	0g	Saturated Fat	0g	Iron	1mg
Sugars	0g	Added Sugars	0g	Potassium	300mg
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	95mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	



Additional Images

