



Love Struck

# 103073 - Pash N Shoot Smoothie

Our most popular smoothie - a vibrant mix of passionfruit, mango and pineapple. Bring on the zing! This refreshing smoothie is a customer favourite and features on menus across the world.



## Nutrition Facts

Servings per Container 20  
Serving size 12.00Z (12oz)

Amount per serving  
**Calories 80**

	% Daily Value*
<b>Total Fat</b> 0.5g	<b>1%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 0mg	<b>0%</b>
<b>Total Carbohydrate</b> 18g	<b>7%</b>
Dietary Fiber 4g	<b>14%</b>
Total Sugars 13g	
Includes 0g Added Sugar	<b>%</b>
<b>Protein</b> 2g	
Vitamin D 0mcg	<b>0%</b>
Calcium 20mg	<b>2%</b>
Iron 1mg	<b>6%</b>
Potassium 210mg	<b>4%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### \* Benefits

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### Ingredients

Mango, Pineapple, Passionfruit without seeds

### Allergens

#### Free From:

- crustaceans
- eggs
- fish
- milk
- peanuts
- sesame
- soy
- tree nuts
- wheat

### Handling Suggestions

Keep Frozen

### Serving Suggestions

Pre-prepped frozen smoothie bags. Makes a perfect smoothie with minimum waste and time. Simply blend (using a stick blender) one of our 5.24 lbs frozen fruit or vegetable bags with 0.9 gallons of apple juice to make 20 perfect smoothies in bulk in 90-120 seconds. Perfect every time. Just 3 steps!

### Prep & Cooking Suggestions

Add 0.9 gallons of apple juice to a large food preparation vessel. Add a 5.24 lbs bag. Blend for 90-120 seconds. Makes 20 x 12oz cup servings.

### Product Specifications

Brand	Manufacturer
Love Struck	Love Struck Inc

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
	9310	103073	00850059625057		4/2.38 KG

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
21.42lb	20.98lb	Chile	No	

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
15.51in	11.57in	7.95in	0.83ft3	10x10	475days	-5°F / -2°F



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## Nutrition Analysis - By Measure

Calories	80	Total Fat	0.5g	Sodium	0mg
Protein	2	Trans Fats	0g	Calcium	20mg
Total Carbohydrates...	18g	Saturated Fat	0g	Iron	1mg
Sugars	13g	Added Sugars	0g	Potassium	210mg
Dietary Fiber	4g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(U)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2	
Monosodium		Sulphites		Nitrates	

## Additional Images

