



Raincoast Crisp

103197 - Cranberry, Fig And Rosemary Shipper

3 flavors shipper - Cranberry, Fig and Rosemary. Cranberry and Hazelnut: Tart, plump cranberries and toasty hazelnuts. Fig and Olive: Salty Kalamata lives and sweet, succulent figs. Rosemary Raisin Pecan: Toasty pecans, rosemary and dark juicy Thompson raisins.



Nutrition Facts

Servings per Container 10
Serving size 15g (3EA)

Amount per serving
Calories 70

% Daily Value*	
Total Fat 2.5g	3%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 90mg	4%
Total Carbohydrate 9g	3%
Dietary Fiber 1g	3%
Total Sugars 3g	
Includes 1g Added Sugar	2%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 20mg	2%
Iron 0.6mg	4%
Potassium 70mg	2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

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Ingredients

Cranberry Hazelnut: unbleached enriched flour (unbleached wheat flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), dried cranberries (cranberries, sugar, sunflower oil), pumpkin seeds, flax seeds, hazelnuts, brown sugar, organic skim milk, sesame seeds, leavening (baking soda), refinery syrup, sea salt, honey, citric acid. contains: milk, wheat and hazelnuts. may contain other tree nuts.
Fig and Olive: unbleached enriched flour (unbleached wheat flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), dried figs (coated with rice flour), pumpkin seeds, flax seeds, kalamata olives (with sea salt, acetic acid, olive oil) sesame seeds, organic skim milk, brown sugar, leavening (baking soda), refinery syrup, sea salt, honey, citric acid. contains: milk, wheat. may contain other tree nuts and olive pits.
Rosemary Raisin: unbleached enriched flour (unbleached wheat flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), Thompson raisins, pumpkin seeds, pecans, flax seeds, organic skim milk, sesame seeds, brown sugar, leavening (baking soda), refinery syrup, sea salt, rosemary, honey, citric acid. contains: milk, wheat and pecans. may contain other tree nuts.

Allergens

Contains:

milk sesame tree nuts wheat

Free From:

crustaceans eggs fish peanuts soy

Handling Suggestions

Pantry UNIT UPC: 061243713959

Serving Suggestions

top with premium cheeses, artisan meats or specialty dips.

Prep & Cooking Suggestions

Remove from package and enjoy

Product Specifications

Brand	Manufacturer
Raincoast Crisp	Lesley Stowe Fine Foods

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
061243713959	71405	103197	30061243713950		36/5.3 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
23.6lb	11.91lb	Canada	Yes	

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
18in	8in	32in	2.67ft3	10x2	158days	60°F / 77°F



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Nutrition Analysis - By Measure

Calories	70	Total Fat	2.5g	Sodium	90mg
Protein	2	Trans Fats	0g	Calcium	20mg
Total Carbohydrates...	9g	Saturated Fat	0g	Iron	0.6mg
Sugars	3g	Added Sugars	1g	Potassium	70mg
Dietary Fiber	1g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

Additional Images

