

Hummus Chick

103292 - Harissa Hummus Spicy



Hummus Chick Brand; woman owned and certified. Spicy Harissa Hummus. Gluten free, vegan, kosher certified, non-gmo chickpeas. Delicious on sandwiches, mediterranean platters, charcuterie boards, dip with chips and veggies.



* Benefits

Immigrant and woman owned and certified, Hummus Chick is a plant-based Mediterranean food brand crafting authentic recipes with real ingredients. We proudly source our chickpeas from American farmers who cultivate non-gmo, single origin, glyphosate free (deet free) crop. Our Spicy Harissa Hummus is a rich recipe made of our signature creamy hummus topped with a dollop of our Harissa (A robust Mediterranean chili recipe) made chili peppers and spices that add an exciting kick to your snacking experience, making it an ideal choice for those who appreciate a touch of heat. Serve this unique recipe on a Mediterranean platter, add to charcuterie boards, the perfect companion to dip pita chips and veggies, spread on grilled chicken, serve as a side and more. This recipe is vegan, gluten free, kosher certified, non-gmo American Chickpeas.

Ingredients

Non-gmo Chickpeas, Tahini (sesame paste), Water, Citric Acid, Salt, Fresh Garlic, Caraway Seeds, Coriander Seeds, Dry Chili Peppers, Sweet Paprika, Vegetable oil, White Distilled Vinegar, lemon extract, and Grapefruit Extract.

A Allergens

Contains:



Free From:







peanuts soy tree nuts wheat

Nutrition Facts

Servings per Container Serving size 45g (2G24)

Amount per serving Calories

90

Calonies	90	
% Da	ily Value*	
Total Fat 3.5g	4%	
Saturated Fat 0g	0%	
Trans Fat 0g		
Cholesterol 0mg	0%	
Sodium 135mg	6%	
Total Carbohydrate 12g	4%	
Dietary Fiber 3g	11%	
Total Sugars 2g		
Includes 0g Added Sugar	2%	
Protein 4g	_	
_		
Vitamin D 0mcg	0%	
Calcium 52mg	4%	
Iron 1.1mg	6%	
Potassium 68mg	2%	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Manufacturer

Handling Suggestions

Refrigerate. Enjoy within 7 days of opening. UNIT UPC: 854408006191

Serving Suggestions

Spread on wraps and sandwiches, add to Mediterranean platter, dip for veggies and pita chips, add to shawarmas and gyros, great for charcuterie boards, and add to grain bowls.

Prep & Cooking Suggestions

Ready to eat

854408006191

Product Specifications

Brand

SHH8-12

Hummus Chick			Humm	nus Chic	k
UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.

103292

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
6.25lb	6lb	United States	Yes	

10854408006198

Shipping Information						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
10in	10in	5in	0.29ft3	16x13	59days	35°F / 37°F



12/8 OZ



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Nutrition Analysis - By Measure

Calories	90	Total Fat	3.5g	Sodium	135mg
Protein	4	Trans Fats	0g	Calcium	52mg
Total Carbohydrates	12g	Saturated Fat	0g	Iron	1.1mg
Sugars	2g	Added Sugars	0g	Potassium	68mg
Dietary Fiber	3g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

0	Additional Images					

