



JosÃ© AndrÃ©s

1036331 - Tuna Empanadas

Galician style pastries filled with Tuna and Vegetables. Our dough contains gourmet Spanish Olive oil and our famous paprika or "pimenton" and the filling is the perfect mix of wild tuna and slowly cooked vegetables.



Nutrition Facts

Servings per Container 2  
Serving size 113grams (11N)

Amount per serving  
Calories 370

	% Daily Value*
Total Fat 16g	21%
Saturated Fat 6g	30%
Trans Fat 0g	
Cholesterol 20mg	7%
Sodium 660mg	29%
Total Carbohydrate 44g	16%
Dietary Fiber 3g	11%
Total Sugars 3g	
Includes 0g Added Sugar	2%
Protein 12g	
Vitamin D 0.6mcg	4%
Calcium 40mg	4%
Iron 5mg	30%
Potassium 290mg	6%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

\* Benefits

Empanadas, rich and delicious pastries filled with seafood or pork, originally come from the region of Galicia in Spains rugged northwest. Theyve been enjoyed by travelers for centuries, easily packed as dense nutrition for long journeys. From the bags of ancient travelers to your lunchbox, empanadas are the perfect meal on the go!

Ingredients

ENRICHED UNBLEACHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMINE, RIBOFLAVIN, FOLIC ACID), FISH, TUNA, WHITE, CANNED IN WATER, DRAINED SOLIDS, ONIONS, GREEN PEPPERS, TOMATO SAUCE (TOMATO PUREE (WATER, TOMATO PASTE), WATER, SEA SALT, CITRIC ACID, SPICE), BEEF SUET, PALM OIL, OLIVE OIL, FISH, SARDINE, ATLANTIC, CANNED IN OIL, DRAINED SOLIDS WITH BONE, RED SWEET PEPPERS, TURMERIC, WATER, WHITE COOKING WINE (GRAPE WINE SEASONED WITH 1.5% SALT, CONTAINS SULFITE AS A PRESERVATIVE), SALT, SUGAR, HOT SAUCE (WATER, CHILI PEPPERS, VINEGAR, SALT, SPICES, 0.1% SODIUM BENZOATE AS A PRESERVATIVE), MONOSODIUM GLUTAMATE, PAPRIKA

Allergens

Contains:

fish soy wheat

Free From:

crustaceans eggs milk peanuts  
sesame tree nuts

Handling Suggestions

Keep frozen until ready to use.  
UNIT UPC: 850060985003

Serving Suggestions

Serve as an Appetizer or a Snack, with or without sauce on the side.

Prep & Cooking Suggestions

Oven / Air Fryer: Preheat at 375 F and cook until an internal temperature of 165F is reached (Time varies depending on equipment and amount of serving cooked together).

Product Specifications

Brand	Manufacturer
JosÃ© AndrÃ©s	Sukalde Inc

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
850060985003	SUK-511	1036331	10850060985000		12/8 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
7.78lb	6lb	United States	No	

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
9.5in	8.5in	6.25in	0.29ft3	20x5	475days	-5°F / -2°F



JosÃ© AndrÃ©s

1036331 - Tuna Empanadas

Galician style pastries filled with Tuna and Vegetables. Our dough contains gourmet Spanish Olive oil and our famous paprika or "pimenton" and the filling is the perfect mix of wild tuna and slowly cooked vegetables.

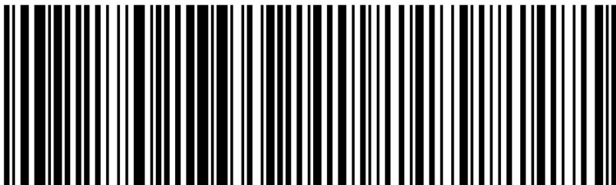


Nutrition Analysis - By Measure

Calories	370	Total Fat	16g	Sodium	660mg
Protein	12	Trans Fats	0g	Calcium	40mg
Total Carbohydrates...	44g	Saturated Fat	6g	Iron	5mg
Sugars	3g	Added Sugars	0g	Potassium	290mg
Dietary Fiber	3g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	20mg		
Vitamin A(IU)•		Vitamin D	0.6mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	



Additional Images



(01)10850060985000(15)260319(10)240319