



Monte Nevado

103889 - Iberico Ham Sliced

Monte Nevado Iberico ham : Meat is a deep red, marbled. Smooth fat and low melting point. Very aromatic with a long-lasting flavor, and a creamy, melting sensation in your mouth



Nutrition Facts

Servings per Container 3
Serving size 1.00Z (1oz)

Amount per serving
Calories 80

	% Daily Value*
Total Fat 4.5g	7%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 20mg	7%
Sodium 560mg	24%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugar	0%
Protein 9g	
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 1mg	6%
Potassium 200mg	4%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

SINCE 1898 Monte Nevado is a family company which has maintained the tradition of curing hams naturally with the fresh air of the mountains. The Iberico Ham ilberian ham is one of the most appreciated traditional specialties of Monte Nevado

Ingredients

Pork, mediterranean sea salt.

⚠ Allergens

Free From:

- crustaceans
- eggs
- fish
- milk
- peanuts
- sesame
- soy
- tree nuts
- wheat

Handling Suggestions

Serve at room temperature. The product is stable at room temperature but the self life is longer when it is stored refrigerated. UNIT UPC: 850001477420

Serving Suggestions

Perfect with roasted bread and tomato with olive oil.
A great product on a charcuterie board, ideal accompanied by cheeses

Prep & Cooking Suggestions

It is recommended to serve it on a plate that is not too hot but warm, this way the ham will not be cold and the slightly melted fat will provide an extraordinary flavor.

📄 Product Specifications

Brand	Manufacturer
Monte Nevado	Monte Nevado

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
850001477420	UDR85T-MN-10	103889	10850001477427		10/3 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
2.97lb	1.88lb	Spain	No	

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
11.42in	9.84in	3.54in	0.23ft3	16x16	78days	35°F / 37°F



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Nutrition Analysis - By Measure

Calories	80	Total Fat	4.5g	Sodium	560mg
Protein	9	Trans Fats	0g	Calcium	0mg
Total Carbohydrates...	0g	Saturated Fat	1.5g	Iron	1mg
Sugars	0g	Added Sugars	0g	Potassium	200mg
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	20mg		
Vitamin A(U)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

