



Soupergirl
104141 - Soul Warming Chili Vegan

Relax into the warming comfort of a bowl of chili. Seriously, no judgements if you want to literally dive into the actual bowl. The silly amount of plant-based protein and fiber has that effect on people. Relax, be zen, eat soup. Discuss!



* Benefits

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Ingredients

VEGETABLE BROTH (WATER, CARROT, ONION, CELERY, THYME, PARSLEY, BAY LEAF), SWEET POTATO, RED KIDNEY BEANS, TOMATO (TOMATO JUICE, CITRIC ACID, CALCIUM CHLORIDE), PARSNIP, ORANGE JUICE, SPICES (INCLUDING PAPRIKA), SALT, GARLIC, EXTRA VIRGIN OLIVE OIL.

⚠ Allergens

Free From:

- crustaceans
- eggs
- fish
- milk
- peanuts
- sesame
- soy
- tree nuts
- wheat

Nutrition Facts

Servings per Container 2
Serving size 265grams (1GS21)

Amount per serving
Calories 130

	% Daily Value*
Total Fat 1 g	1%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 400 mg	17%
Total Carbohydrate 34 g	13%
Dietary Fiber 15 g	55%
Total Sugars 6 g	
Includes 0 g Added Sugar	0%
Protein 9 g	
Vitamin D 0 mcg	0%
Calcium 80 mg	6%
Iron 2.4 mg	15%
Potassium 390 mg	8%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Handling Suggestions

Keep under refrigeration---
UNIT UPC: 850011788134

Serving Suggestions

Heat and serve soup

Prep & Cooking Suggestions

Heat to desired temperature and enjoy

📄 Product Specifications

Brand	Manufacturer
Soupergirl	Saras Soup Inc Db a Soupergirl

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
850011788134	RSC0020_0616	104141	20850011788138		6/16 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
6.1 lb	6 lb	United States of America	Yes	

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
14 in	9.38 in	3.25 in	0.25 ft3	12x16	48 days	35 °F / 37 °F



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Nutrition Analysis - By Measure

Calories	130	Total Fat	1 g	Sodium	400 mg
Protein	9	Trans Fats	0 g	Calcium	80 mg
Total Carbohydrates...	34 g	Saturated Fat	0 g	Iron	2.4 mg
Sugars	6 g	Added Sugars	0 g	Potassium	390 mg
Dietary Fiber	15 g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0 mg		
Vitamin A(IU)•		Vitamin D	0 mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	



Additional Images

