



Indianlife

# 104628 - Spinach Naan

Naan can be cut into pieces and eaten with curry or rolled into sandwiches, used for a pizza, souvlaki, gyro or a pancake. Naan can be used or served with toppings such as salsa, apple sauce, pie filling and shredded salad and cheese or rolled up with your favorite fixings



## Nutrition Facts

Servings per Container **5**  
Serving size **100grams (1EA)**

Amount per serving  
**Calories 260**

	% Daily Value*
<b>Total Fat</b> 5g	<b>6%</b>
Saturated Fat 0.5g	<b>3%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 350mg	<b>15%</b>
<b>Total Carbohydrate</b> 46g	<b>17%</b>
Dietary Fiber 2g	<b>7%</b>
Total Sugars 1g	
Includes 1g Added Sugar	<b>2%</b>
<b>Protein</b> 7g	
Vitamin D 0mcg	<b>0%</b>
Calcium 53mg	<b>4%</b>
Iron 3mg	<b>15%</b>
Potassium 96mg	<b>2%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### \* Benefits

Spinach Naan

### Ingredients

Enriched flour (wheat flour, thiamine, mononitrate, riboflavin, niacin, folic acid, reduced iron, ascorbic acid, amylase, benzoyl peroxide), water, spinach, canola oil, salt, sugar, yeast, baking powder (sodium acid pyrophosphate, sodium bicarbonate, corn starch, monocalcium phosphate), herbs, spices, calcium propionate, potassium sorbate

### Allergens

#### Contains:



#### Free From:



### Handling Suggestions

Refrigerate after opening UNIT UPC: 777762001216

### Serving Suggestions

Per 1 Naan 100g

### Prep & Cooking Suggestions

Heat in Oven or Microwave oven

### Product Specifications

Brand	Manufacturer
Indianlife	INDIANLIFE FOOD CORPORATION

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
777762001216	219S	104628	007777652001216		12/17.6 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
14.3lb	13.2lb	Canada	No	

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
18.5in	9.5in	7.75in	0.79ft3	10x8	356days	-5°F / -2°F



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## Nutrition Analysis - By Measure

Calories	260	Total Fat	5g	Sodium	350mg
Protein	7	Trans Fats	0g	Calcium	53mg
Total Carbohydrates...	46g	Saturated Fat	0.5g	Iron	3mg
Sugars	1g	Added Sugars	1g	Potassium	96mg
Dietary Fiber	2g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(U)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2	
Monosodium		Sulphites		Nitrates	

### Additional Images

