

Hempler's 104830 - **Black Forest Ham**

Time-honored family recipe and classic Black Forest seasoning. Slowly cured in their own natural juices and smoked over natural hardwoods, for a rich and moist, savory flavor. A truly superb eating experience. 97% fat free and completely FREE of allergens, gluten and MSG.



2ª		Nutrition Facts			
THE MPLER		Servings per Container Serving size 84gra	27 ms (3oz)		
FULLY COORED + SMOKE PLALE CORE + SMOKE PLALE CORE = + NO MSG AD CUTEN FREE + NO MSG AD Cuten Free + NO MSG AD	RAMEL Contray Te and Dis Bayes to Protein 15g	Amount per serving Calories	110		
	% Daily Value*				
	Section 2	Total Fat 4g	6%		
		Saturated Fat 1.5g	8%		
		<i>Trans</i> Fat 0g			
		Cholesterol 50mg	17%		
★ Benefits		Sodium 810mg	34%		
		Total Carbohydrate 2g	1%		
Our hams are uniquely crafted in the Hempler tradition, using our time-honored family recipe and classic Black Forest seasoning. Slowly cured in their own natural juices and smoked over natural hardwoods, for a rich aroma and moist, savory flavor. A truly superb eating experience. 97% fat free and completely FREE of		Dietary Fiber 0g	0%		
		Total Sugars 1g			
allergens, gluten and MSG.		Includes 0g Added Sugar	0%		
Ingredients	Allergens	Protein 15g			
HAM, WATER, POTASSIUM	Free From:	Vitamin D 0mcg Calcium 0mg	0%		
LACTATE, SALT, BROWN SUGAR,	srustaceans () eggs () fish () milk	0	<u> </u>		
SODIUM PHOSPHATE, SODIUM DIACETATE, SODIUM	(S) peanuts (&) sesame (S) soy ((i)) tree nuts	Iron Omg			
ERYTHORBATE, SODIOM	() wheat	Potassium 0mg	0%		
NITRITE. COATED WITH CARAMEL.	(W) wheat	* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.			

Handling Suggestions

Keep Refrigerated

Serving Suggestions

Great for sandwiches, salads, pasta dishes, deli trays.

Prep & Cooking Suggestions

Great for sandwiches, salads, pasta dishes, deli trays.

Product Specifications

Brand				Manufacturer					
Hempler's				HEMPLERS FOODS GROUP LLC					
UPC	MFG #	SP(C #	GT	ĪN	N Pack		Pack Desc.	
	59630	104	830 9	002183	4596302	302		3/7 LB	
Gross Weight Net Weight		ht Cou	Country of Origin K		Ko	osher Child Nutrition			
22.6	5lb	21.3lb	U	nited St	ates		No		
Shipping Information									
Length	Width	Height	Volume	TIxHI	Shelf L	.ife	Storag	ge Temp From/To	
15.5in	12.38in	6.44in	0.72ft3	8x6	78day	ys	35°F / 37°F		





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Nutrition Analysis - By Measure

Calories	110	Total Fat	4g	Sodium	810mg
Protein	15	Trans Fats	Og	Calcium	0mg
Total Carbohydrates…	2g	Saturated Fat	1.5g	Iron	0mg
Sugars	1g	Added Sugars	Og	Potassium	0mg
Dietary Fiber	Og	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	50mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

Additional Images

