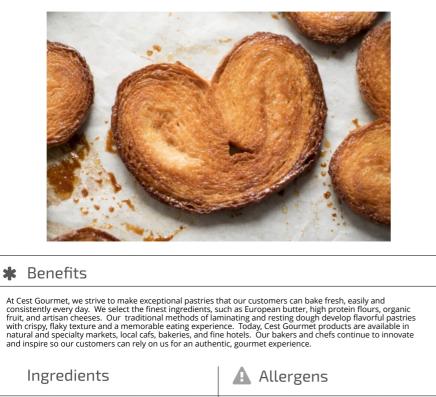


### C'Est Gourmet 105027 - **Palmier**

C'est Gourmet Classic Palmiers 90/40z/Case Freezer to Oven - Natural Clean Ingredients including European Style Hormone Free Butter and high protein flour, kosher certified





Dough: Enriched, Unbleached, Unbromated Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Butter(Pasteurized Cream, Lactic Acid, Starter Distillate), Water, Cane Sugar, Salt, Lemon Juice Concentrate, Ascorbic Acid.

Contains:
milk 🌒 wheat
Free From:

(Speanuts) (Construction) eggs (Construction) fish (Construction) peanuts

# **Nutrition Facts**

Servings per Container 90 Serving size 1.0EA (1EA)					
Amount per serving Calories	390				
% Dai	ly Value*				
Total Fat 18g	23%				
Saturated Fat 11g	55%				
<i>Trans</i> Fat					
Cholesterol 45mg	15%				
Sodium 290mg	13%				
Total Carbohydrate 53g	19%				
Dietary Fiber 1g	4%				
Total Sugars 18g					
Includes 17g Added Sugar	34%				
Protein 6g					
Vitamin D 0mcg	0%				
Calcium 6mg	0%				
Iron 2mg	11%				
Potassium 90mg	2%				
* The % Daily Value (DV) tells you how much a serving of food contributes to a daily diet. 2 a day is used for general nutrition advice.					

#### Handling Suggestions

Keep Frozen. Bake before consumption.

#### Serving Suggestions

Serving Size 1 Pastry. Baked pastry good for breakfast, dessert, or snack.

# Prep & Cooking Suggestions

Place FROZEN Palmiers on parchmentlined, tray 6 inches apart. BAKE at 375F, after 15 minutes of baking, using a spatula, flip each PALMIER over. DECORATE with sparkling sugar and continue baking until evenly golden and crisp, 8-10 minutes more.

# Product Specifications

Bra	nd	Manufacturer							Product Category		
C'Est Go	ourmet	Cest G	Cest Gourmet/Boston Gourmet Chefs							Grocery	
UP	C	MFG #		SPC #	GTIN		Pa	ack	Pack Desc.		
7482527	28135	10-5027	'   1	05027	7 008	00850001975025				90/4 OZ	
Gross W	/eight	Net Weight Country		intry of	Origin	Kosher		Ch	ild Nutrition		
23.6	lb	22.5lb	22.5lb Uni		nited St	ates Yes		5			
Shipping Information											
Length	Width	Height	Vol	ume	TIxHI	IxHI Shelf Life Storage Ten		mp From/To			
21.38in	9.88in	4.5in	0.5	5ft3	8x12	270da	ys		-2°F/-5°F		





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Nutrition Analysis - By Measure

Calories	390	Total Fat	18g	Sodium	290mg
Protein	6	Trans Fats		Calcium	6mg
Total Carbohydrates…	53g	Saturated Fat	11g	Iron	2mg
Sugars	18g	Added Sugars	17g	Potassium	90mg
Dietary Fiber	1g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	45mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

Additional Images



