



C'Est Gourmet
105209 - **Plamier Mini**
See package for details



* Benefits

Buttery sugared crunchy french pastry that can be enjoyed as a breakfast treat or dessert.

Ingredients

Dough: Enriched, Unbleached, Unbromated Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Butter(Pasteurized Cream, Lactic Acid, Starter Distillate), Water, Cane Sugar, Salt, Lemon Juice Concentrate, Ascorbic Acid.

⚠ Allergens

Contains:

milk wheat

Free From:

crustaceans eggs fish peanuts
 sesame soy tree nuts

Nutrition Facts

Servings per Container 315
Serving size 1.0EA (1EA)

Amount per serving
Calories 70

% Daily Value*	
Total Fat 3.5g	4%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 55mg	2%
Total Carbohydrate 10g	4%
Dietary Fiber 0g	0%
Total Sugars 3g	
Includes 3g Added Sugar	%
Protein 1g	
Vitamin D 0mcg	0%
Calcium 1mg	0%
Iron 0mg	0%
Potassium 15mg	0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Handling Suggestions

See label for suggestions
UNIT UPC: 718122771394

Serving Suggestions

See label for suggestions

Prep & Cooking Suggestions

See label for suggestions

✏ Product Specifications

Brand			Manufacturer				
C'Est Gourmet			Cest Gourmet/Boston Gourmet Chefs				
UPC		MFG #	SPC #	GTIN		Pack	Pack Desc.
718122771394		10-5209	105209	00718122771394			315/.75 OZ
Gross Weight		Net Weight		Country of Origin		Kosher	Child Nutrition
16.1lb		16lb		United States		Yes	
Shipping Information							
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To	
20.5in	9.5in	3.75in	0.42ft3	8x16	270days	-5°F / -2°F	



Nutrition Analysis - By Measure

Calories	70	Total Fat	3.5g	Sodium	55mg
Protein	1	Trans Fats	0g	Calcium	1mg
Total Carbohydrates...	10g	Saturated Fat	2g	Iron	0mg
Sugars	3g	Added Sugars	3g	Potassium	15mg
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	10mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

 Additional Images

