



Calabro

# 105618 - Fat Free Ricotta

Calabro's ALL Natural Fat Free Ricotta is made from 100% Skim Milk with absolutely NO FAT, NO SALT, NO PRESERVATIVES added. This flavorful and excellent textured ricotta is good news for people on a fat and salt restricted diet in addition to being high in protein and low in calories.



## Nutrition Facts

Servings per Container 8  
Serving size 55.0g (55g)

Amount per serving  
**Calories 45**

% Daily Value\*

Total Fat	0g	0%
Saturated Fat	0g	0%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	60mg	3%
Total Carbohydrate	4g	1%
Dietary Fiber	0g	0%
Total Sugars	2g	
Includes Added Sugar	4g	8%
Protein	4g	
Vitamin D	0mcg	0%
Calcium	78mg	6%
Iron	0mg	0%
Potassium	0mg	0%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### \* Benefits

Calabro Cheese, founded in 1953 by Joseph Calabro, started as a small cheese business delivering ricotta to Mom and Pop stores in CT. Today, Calabro is still a family owned and operated company with headquarters in East Haven, CT. Sicilian born Joseph Calabro immigrated to the United States in 1948. Five years later he acquired Wells River Creamery, of Wells River, VT, as a manufacturing plant for Italian cheeses. With the rapid growth of the company, Joseph expanded in 1981 and moved the plant to East Haven, CT. The expansion enabled Calabro Cheese Corp. to better serve its extended list of customers in New England, New York, New Jersey, and other regions of the United States.

### Ingredients

Skim Milk, Starter, Salt

### Allergens

#### Contains:



#### Free From:



### Handling Suggestions

once open use within 3-4 days UNIT  
UPC: 071715002122

### Serving Suggestions

This fat free ricotta can be substituted in most Italian recipes specifying the use of ricotta cheese. It is also taste tempting as a light topping on fresh berries, pears, peaches, and other varieties of fruit.

### Prep & Cooking Suggestions

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### Product Specifications

Brand	Manufacturer
Calabro	Calabro Cheese Corp

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
071715002122	00212	105618	10071715002129		12/16 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
13lb	12lb	United States	Yes	

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
14.13in	9.38in	4.25in	0.33ft3	13x7	45days	35°F / 37°F



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## Nutrition Analysis - By Measure

Calories	45	Total Fat	0g	Sodium	60mg
Protein	4	Trans Fats	0g	Calcium	78mg
Total Carbohydrates...	4g	Saturated Fat	0g	Iron	0mg
Sugars	2g	Added Sugars	4g	Potassium	0mg
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(U)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

### Additional Images

