

Calabro

105618 - Fat Free Ricotta



Calabro's ALL Natural Fat Free Ricotta is made from 100% Skim Milk with absolutely NO FAT, NO ${\sf SALT, NO\ PRESERVATIVES\ added.\ This\ flavorful\ and\ excellent\ textured\ ricotta\ is\ good\ news\ for}$ people on a fat and salt restricted diet in addition to being high in protein and low in calories.



* Benefits

Calabro Cheese, founded in 1953 by Joseph Calabro, started as a small cheese business delivering ricotta to Mom and Pop stores in CT. Today, Calabro is still a family owned and operated company with headquarters in East Haven, CT. Sicilian born Joseph Calabro immigrated to the United States in 1948. Five years later he acquired Wells River Creamery, of Wells River, VT, as a manufacturing plant for Italian cheeses. With the rapid growth of the company, Joseph expanded in 1981 and moved the plant to East Haven, CT. The expansion enabled Calabro Cheese Corp. to better serve its extended list of customers in New England, New York, New Jersey, and other regions of the United States.

| Ingredients | ▲ Allergens | | |
|--------------------------|--|--|--|
| Skim Milk, Starter, Salt | Contains: (i) milk Free From: | | |
| | crustaceans eggs fish peanuts sesame soy tree nuts wheat | | |

Nutrition Facts

Servings per Container 55.0g (55g) Serving size

Amount per serving

| Calories | 45 |
|---|----------|
| % Dail | y Value* |
| Total Fat 0g | 0% |
| Saturated Fat 0g | 0% |
| Trans Fat 0g | |
| Cholesterol 0mg | 0% |
| Sodium 60mg | 3% |
| Total Carbohydrate 4g | 1% |
| Dietary Fiber 0g | 0% |
| Total Sugars 2g | |
| Includes 4g Added Sugar | 8% |
| Protein 4g | |
| Will in D. Oranga | 00/ |
| Vitamin D 0mcg | 0% |
| Calcium 78mg | 6% |
| Iron 0mg | 0% |
| Potassium 0mg | 0% |
| * The % Daily Value (DV) tells you how much a a serving of food contributes to a daily diet. 2. | |

a day is used for general nutrition advice.

Handling Suggestions

once open use within 3-4 days UNIT UPC: 071715002122

Serving Suggestions

This fat free ricotta can be substituted in most Italian recipes specifying the use of ricotta cheese. It is also taste tempting as a light topping on fresh berries, pears, peaches, and other varieties of fruit.

Prep & Cooking Suggestions

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Product Specifications

| Brand | Manufacturer |
|---------|---------------------|
| Calabro | Calabro Cheese Corp |
| | |

| UPC | MFG # | SPC # | GTIN | Pack | Pack Desc. |
|--------------|-------|--------|----------------|------|------------|
| 071715002122 | 00212 | 105618 | 10071715002129 | | 12/16 OZ |

| Gross Weight | Net Weight | Country of Origin | Kosher | Child Nutrition |
|--------------|------------|-------------------|--------|-----------------|
| 13lb | 12lb | United States | Yes | |

| | Shipping Information | | | | | | |
|---|----------------------|--------|--------|---------|-------|------------|----------------------|
| | Length | Width | Height | Volume | TIxHI | Shelf Life | Storage Temp From/To |
| ŀ | 14.13in | 9.38in | 4.25in | 0.33ft3 | 13x7 | 45days | 35°F / 37°F |





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Nutrition Analysis - By Measure

| Calories | 45 | Total Fat | 0g | Sodium | 60mg |
|---------------------|----|---------------------|------|----------------|------|
| Protein | 4 | Trans Fats | 0g | Calcium | 78mg |
| Total Carbohydrates | 4g | Saturated Fat | 0g | Iron | 0mg |
| Sugars | 2g | Added Sugars | 4g | Potassium | 0mg |
| Dietary Fiber | 0g | Polyunsaturated Fat | | Zinc | |
| Lactose | | Monounsaturated Fat | | Phosphorus | |
| Sucrose | | Cholesterol | 0mg | | |
| Vitamin A(IU)• | | Vitamin D | 0mcg | Thiamin | |
| Vitamin A(RE) | | Vitamin E | | Niacin | |
| Vitamin C | | Folate | | Riboflavin | |
| Magnesium | | Vitamin B-6 | | Vitamin B-1 2• | |
| Monosodium | | Sulphites | | Nitrates | |

| 0 | Additional Images | | | | | |
|---|-------------------|--|--|--|--|--|
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