

BFree

105634 - **Plain Bagel**



BFree Gluten Free Plain White Bagel, amazingly tasty bagels with no wheat and no gluten, round shaped with a hole in Center, crisp outer crust, pre-sliced for convenience



* Benefits

BFree Gluten Free Plain White Bagel, amazingly tasty bagels with no wheat and no gluten

Ingredients

Water, Corn Starch, Rice Flour, Tapioca Starch, Potato Starch, Glycerin, Inulin, Canola Oil, Yeast, Pea Fiber, Psyllium Husk, Potato Fiber, Sourdough (Fermented Corn Flour) (Preservative), Carbohydrate Gum, Pea Protein Isolate, Sugar, Salt. Xanthan Gum, Glucono-Delta-Lactone, Malic Acid (Mold Inhibitor), Citric Acid, Tartaric Acid. May contain Sesame.

A Allergens

Free From:



Nutrition Facts

Servings per Container 1Bagel (80g) Serving size

Amount per serving Calories

220

% Da	ily Value*
Total Fat 3g	4%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 390mg	17%
Total Carbohydrate 46g	17%
Dietary Fiber 2g	6%
Total Sugars 2g	
Includes 1g Added Sugar	2%
Protein 3g	_
Vitamin D 0mcg	0%
Calcium 60mg	4%
Iron 0.3mg	0%
Potassium 90mg	0%

^{*} The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Handling Suggestions

Store in a cool dry place away from direct sunlight UNIT UPC: 852795005063

Serving Suggestions

Once opened, store in an airtight container and use within 8 days. If frozen, store at 0F/-18C., for maximum freshness, reseal bag after each use or store in an airtight container

Prep & Cooking Suggestions

If frozen, store at 0F/-18C., for maximum freshness, reseal bag after each use or store in an airtight container

Product Specifications

Brand			Manufacturer			
BFree			BFree Foods USA			
1100	MEG #	SDS #	CTIN		2 1 2	

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
852795005063	BF510	105634	00852795005292		12/11.3 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
9.23lb	8.47lb	Canada	Yes	

Shipping Information						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
17.44in	13.5in	6.69in	0.91ft3	6x9	237days	-5°F / -2°F





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Nutrition Analysis - By Measure

Calories	220	Total Fat	3g	Sodium	390mg
Protein	3	Trans Fats	0g	Calcium	60mg
Total Carbohydrates•••	46g	Saturated Fat	0g	Iron	0.3mg
Sugars	2g	Added Sugars	1g	Potassium	90mg
Dietary Fiber	2g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

0	Additional Images						

