



BFree
105655 - Brown Seeded Loaf

BFree Brown Seeded Loaf, Golden brown crust and creamy, light brown crumb and variable cell structure topped with seeds, ready to eat or nice consumed toasted



Nutrition Facts

Servings per Container 9
Serving size 1 Slice (44g)

Amount per serving
Calories 120

	% Daily Value*
Total Fat 4.5g	6%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 160mg	7%
Total Carbohydrate 20g	7%
Dietary Fiber 5g	18%
Total Sugars 2g	
Includes 0g Added Sugar	2%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 4mg	0%
Iron 0mg	0%
Potassium 7mg	0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

*** Benefits**

BFree Brown Seeded Loaf

Ingredients

Water, Corn Starch, Potato Starch, Canola Oil, Sourdough 5.5% (Water, Buckwheat Flour, Millet Flour, Corn Starch, Yeast, Xanthan gum), Tapioca Starch, Rice Flour, Millet Seeds (3%), Yeast, Brown Flaxseed (2%), Sunflower Seeds (2%), Bamboo Fiber, Psyllium Husk, Rice Protein, Sugar, Humectant (Glycerin), Thickeners (Carbohydrate Gum, Xanthan Gum), Poppy Seeds (1%), Salt, Fermented Syrups, Apple Extract, Apple Cider Vinegar. May contain Sesame.

Allergens

Free From:

- crustaceans
- eggs
- fish
- milk
- peanuts
- sesame
- soy
- tree nuts
- wheat

Handling Suggestions

Store frozen at 0 F in a freezer. Once defrosted and Once opened, store in an airtight container and use within 6 days UNIT UPC: 852795005179

Serving Suggestions

Eat as ready to eat or toast, Once opened, store in an airtight container and use within 6 days

Prep & Cooking Suggestions

ready to eat or toast

Product Specifications

Brand	Manufacturer
BFree	BFree Foods USA

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
852795005179	BF502	105655	00852795005247		12/14.1 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
11.42lb	10.58lb	Poland	Yes	

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
15.2in	12.6in	7.2in	0.8ft3	9x11	237days	-5°F / -2°F



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Nutrition Analysis - By Measure

Calories	120	Total Fat	4.5g	Sodium	160mg
Protein	2	Trans Fats	0g	Calcium	4mg
Total Carbohydrates...	20g	Saturated Fat	0g	Iron	0mg
Sugars	2g	Added Sugars	0g	Potassium	7mg
Dietary Fiber	5g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

 Additional Images

