



Signature Select  
105898 - Chopped Spinach

Chopped Blocked Spinach is prepared from fresh, clean, sound succulent leaves and stems of the spinach by washing , sorting trimming, blanching and properly draining.



Nutrition Facts

Servings per Container 3.5  
Serving size 84grams (3oz)

Amount per serving  
Calories 30

% Daily Value*	
Total Fat	0g 0%
Saturated Fat	0g 0%
Trans Fat	0g
Cholesterol	0mg 0%
Sodium	20mg 1%
Total Carbohydrate	4g 1%
Dietary Fiber	3g 11%
Total Sugars	1g
Includes	0g Added Sugar 0%
Protein	3g
Vitamin D	0mcg 0%
Calcium	140mg 10%
Iron	0.9mg 6%
Potassium	310mg 6%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

\* Benefits

Spinach - IQF Chopped block

Ingredients

Spinach

⚠ Allergens

Free From:

- crustaceans
- eggs
- fish
- milk
- peanuts
- sesame
- soy
- tree nuts
- wheat

Handling Suggestions

Keep Frozen UNIT UPC:  
021130090433

Serving Suggestions

N/A

Prep & Cooking Suggestions

Cook from frozen

📝 Product Specifications

Brand			Manufacturer			
Signature Select			VLM Foods USA LTD.			
UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.	
021130090433	47010011	105898	10021130090430		24/10 OZ	
Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition		
16.5lb	15lb	Mexico	Yes			
Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
16.92in	11.53in	4.84in	0.55ft3	9x9	475days	-5°F / -2°F



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Nutrition Analysis - By Measure

Calories	30	Total Fat	0g	Sodium	20mg
Protein	3	Trans Fats	0g	Calcium	140mg
Total Carbohydrates...	4g	Saturated Fat	0g	Iron	0.9mg
Sugars	1g	Added Sugars	0g	Potassium	310mg
Dietary Fiber	3g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	



Additional Images

