



Van Lang

106116 - Ham & Swiss Pastry

Not your average ham and cheese - our version introduces sweet caramelized onions and dijon mustard, which perfectly compliments the smoky ham and creamy swiss cheese.



* Benefits

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Nutrition Facts

Servings per Container 100
Serving size 52gs (1H87)

Amount per serving
Calories 220

	% Daily Value*
Total Fat 15g	19%
Saturated Fat 4g	20%
Trans Fat 0g	
Cholesterol 40mg	13%
Sodium 220mg	10%
Total Carbohydrate 15g	5%
Dietary Fiber 1g	4%
Total Sugars 3g	
Includes 2g Added Sugar	4%
Protein 6g	
Vitamin D 0.4mcg	2%
Calcium 52mg	4%
Iron 1.08mg	6%
Potassium 94mg	2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients

Ham (cured with water, salt, dextrose, sugar, potassium lactate, modified potato starch, sodium phosphates, sodium diacetate, sodium erythorbate, sodium nitrite), Swiss Cheese (pasteurized part-skim milk, cheese culture, salt, enzymes. Contains: milk), Caramelized Onions (pre-fried onion [onion, sunflower oil]), Mayonnaise (soybean oil, water, egg yolks, distilled white vinegar, eggs, contains less than 2% of high fructose corn syrup, salt, natural flavor, mustard flour, calcium disodium edta (to preserve flavor), paprika), Dijon Mustard (water, vinegar, mustard seed, salt, white wine, fruit pectin, citric acid, tartaric acid, sugar, spice). DOUGH: Puff Pastry (enriched wheat flour (wheat flour enriched [wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid], malted barley four, ascorbic acid as a dough conditioner), shortening (palm oil, beta carotene ((color)), water, vital wheat gluten, salt. Contains: wheat). SEALANT: Liquid Egg (whole eggs, 19% water, contains less than 2% of the following: salt, xanthan gum, citric acid, annatto [color], butter flavor [sunflower oil, natural flavors, and medium chain triglycerides]). CONTAINS: EGG, MILK, SOY, WHEAT.

Allergens

Contains:

eggs milk soy wheat

Free From:

crustaceans fish peanuts sesame
 tree nuts

Handling Suggestions

Keep frozen in -10F to 20F freezer, until ready to cook.

Serving Suggestions

Bake from frozen in 400F oven for 12-14 minutes. Internal temperature must reach 165F as measured by a thermometer.

Prep & Cooking Suggestions

Bake from frozen in 400F oven for 12-14 minutes. Internal temperature must reach 165F as measured by a thermometer.

Product Specifications

Brand	Manufacturer
Van Lang	Van Lang Foods

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
	331124	106116	00813945024587		100/1.80 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
12.25lb	11.25lb	United States	No	

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
14in	9.5in	8.63in	0.66ft3	12x12	237days	-5°F / -2°F



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Nutrition Analysis - By Measure

Calories	220	Total Fat	15g	Sodium	220mg
Protein	6	Trans Fats	0g	Calcium	52mg
Total Carbohydrates...	15g	Saturated Fat	4g	Iron	1.08mg
Sugars	3g	Added Sugars	2g	Potassium	94mg
Dietary Fiber	1g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	40mg		
Vitamin A(U)		Vitamin D	0.4mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2	
Monosodium		Sulphites		Nitrates	

Additional Images

