



Fruits De Mer

106522 - Marinated Sardines With Basil

Fruits De Mer Marinated Sardines with Basil. Made with Natural Ingredients. Wild Caught. Rich in Protein and Calcium. Natural Source of Omega-3. Hand Packed. Ready-to-Eat



Nutrition Facts

2 Servings Per Container

Serving size **100.0g (100g)**

Amount per serving
Calories 160

% Daily Value*

Total Fat 9 g	12%
Saturated Fat 1.5 g	8%
Trans Fat 0 g	
Cholesterol 85 mg	28%
Sodium 780 mg	34%
Total Carbohydrate 1 g	0%
Dietary Fiber 1 g	4%
Total Sugars 0 g	
Includes 0 g Added Sugar	0%
Protein 19 g	
Vitamin D 5 mcg	25%
Calcium 87 mg	6%
Iron 0.99 mg	6%
Potassium 61 mg	0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Sardine fillets, expertly marinated to perfection, enhancing their natural rich flavor using only all-natural ingredients. Ready-to-eat

Ingredients

Sardines Fillets, sunflower oil, vinegar, basil, salt, citric acid

Allergens

Contains:



Free From:



Handling Suggestions

Keep Refrigerated. Consume within 7 days after opening ---
UNIT UPC: 818446010459

Serving Suggestions

ready-to-eat

Prep & Cooking Suggestions

Open pack and use

Product Specifications

Brand	Manufacturer
Fruits De Mer	Fruits de Mer

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
818446010459	P106	106522	10818446010456		10/7 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
5.1 lb	4.5 lb	Turkey	No	

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
10 in	6.5 in	4.92 in	0.19 ft3	25x10	78 days	35 °F / 37 °F



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Nutrition Analysis - By Measure

Calories	160	Total Fat	9 g	Sodium	780 mg
Protein	19	Trans Fats	0 g	Calcium	87 mg
Total Carbohydrates...	1 g	Saturated Fat	1.5 g	Iron	0.99 mg
Sugars	0 g	Added Sugars	0 g	Potassium	61 mg
Dietary Fiber	1 g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	85 mg		
Vitamin A(U)		Vitamin D	5 mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2	
Monosodium		Sulphites		Nitrates	

Additional Images

