



Fruits De Mer

106528 - Marinated Seafood Di Mare

Fruits De Mer Marinated Seafood DiMare. A blend of Octopus, Mussel, Shrimp, Squid, cuttlefish. Packed Lean Protein. Healthy Protein. Signature. Ready-to-eat.



Nutrition Facts

2 Servings Per Container

Serving size **100.0g (100g)**

Amount per serving
Calories 160

% Daily Value*

Total Fat 4 g	5%
Saturated Fat 0.5 g	3%
Trans Fat 0 g	
Cholesterol 125 mg	42%
Sodium 360 mg	16%
Total Carbohydrate 1 g	0%
Dietary Fiber 0 g	0%
Total Sugars 0 g	
Includes 0 g Added Sugar	0%
Protein 10 g	
Vitamin D 0 mcg	0%
Calcium 13 mg	1%
Iron 1 mg	6%
Potassium 28 mg	1%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Marinated Seafood DiMare, signature seafood blend of mussels, octopus, shrimp, squid and cuttlefish, marinated in sunflower oil and herbs

Ingredients

Octopus, mussels, shrimp, squid, cuttlefish, sunflower oil, wine vinegar, salt, parsley, citric acid

Allergens

Contains:

crustaceans

Free From:

eggs fish milk peanuts
 sesame soy tree nuts wheat

Handling Suggestions

Keep Refrigerated. Consume within 3 days of opening ---
UNIT UPC: 818446010992

Serving Suggestions

Ready-to-eat

Prep & Cooking Suggestions

Open pack and use

Product Specifications

Brand	Manufacturer
Fruits De Mer	Fruits de Mer

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
818446010992	R301	106528	10818446010999		10/7 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
5.1 lb	4.5 lb	Italy	No	

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
10.5 in	6.5 in	5.5 in	0.22 ft3	25x10	126 days	35 °F / 37 °F



Fruits De Mer

106528 - Marinated Seafood Di Mare

Fruits De Mer Marinated Seafood DiMare. A blend of Octopus, Mussel, Shrimp, Squid, cuttlefish. Packed Lean Protein. Healthy Protein. Signature. Ready-to-eat.



Nutrition Analysis - By Measure

Calories	160	Total Fat	4 g	Sodium	360 mg
Protein	10	Trans Fats	0 g	Calcium	13 mg
Total Carbohydrates...	1 g	Saturated Fat	0.5 g	Iron	1 mg
Sugars	0 g	Added Sugars	0 g	Potassium	28 mg
Dietary Fiber	0 g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	125 mg		
Vitamin A(U)		Vitamin D	0 mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2	
Monosodium		Sulphites		Nitrates	

Additional Images

