



Fruits De Mer

106531 - Marinated Octopus Salad

Fruits De Mer Marinated Octopus Salad. Tender. Moist. Flavorful. Packed with Healthy Protein. Wild Caught. Ready-to-Eat. Served as appetizer. Served in Salads.



Nutrition Facts

2 Servings Per Container

Serving size **100.0g (100g)**

Amount per serving
Calories 160

% Daily Value*

Total Fat 4 g	5%
Saturated Fat 0.5 g	3%
Trans Fat 0 g	
Cholesterol 105 mg	35%
Sodium 260 mg	11%
Total Carbohydrate 2 g	1%
Dietary Fiber 0 g	0%
Total Sugars 0 g	
Includes 0 g Added Sugar	0%
Protein 10 g	
Vitamin D 0 mcg	0%
Calcium 9 mg	1%
Iron 0 mg	0%
Potassium 22 mg	0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Marinated Octopus Salad, packed in sunflower oil and herbs

Ingredients

Octopus, giant squid, sunflower oil, wine vinegar, salt, parsley, garlic, citric acid

Allergens

Contains:

crustaceans

Free From:

eggs fish milk peanuts
 sesame soy tree nuts wheat

Handling Suggestions

Keep Refrigerated ---
UNIT UPC: 818446010954

Serving Suggestions

Ready to Eat

Prep & Cooking Suggestions

Open pack and use

Product Specifications

Brand	Manufacturer
Fruits De Mer	Fruits de Mer

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
818446010954	R303	106531	10818446010951		10/7 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
5.1 lb	4.5 lb	Italy	No	

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
10.5 in	6.5 in	5.5 in	0.22 ft3	25x10	156 days	35 °F / 37 °F



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Nutrition Analysis - By Measure

Calories	160	Total Fat	4 g	Sodium	260 mg
Protein	10	Trans Fats	0 g	Calcium	9 mg
Total Carbohydrates...	2 g	Saturated Fat	0.5 g	Iron	0 mg
Sugars	0 g	Added Sugars	0 g	Potassium	22 mg
Dietary Fiber	0 g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	105 mg		
Vitamin A(U)		Vitamin D	0 mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

