

#### Fruits De Mer

#### 106532 - Marinated Smoked Trout



Fruits De Mer Smoked Trout. Gently hot smoked. Delicate Taste and Flavor. Moist Texture. Ready-to-Eat. Served on Sandwich or Salads. Healthy Protein. Served as Snack



#### \* Benefits

Marinated Smoked Trout in Sunflower Oil

Ingredients	Allergens
Trout (Oncorhynckus Mykiss) Fillets, Sunflower Oil, Salt, Natural Hardwood Smoke	Contains:  fish  Free From:  crustaceans eggs milk peanuts  so sesame soy milk peanuts

# **Nutrition Facts**

Servings per Container Serving size 100.0g (100g)

**Amount per serving Calories** 

160

Outorics	100
% Da	ily Value*
Total Fat 4.9g	7%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 40mg	5%
Sodium 500mg	20%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugar	0%
Protein 12g	
Vitamin D 11mcg	50%
Calcium 17mg	2%
Iron 0.2mg	2%
Potassium 260mg	6%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### **Handling Suggestions**

Keep Refrigerated. Use within 3 days of opening UNIT UPC: 818446011302

## **Serving Suggestions**

Ready-to-eat

## Prep & Cooking Suggestions

Open pack and use



## Product Specifications

Brand	Manufacturer
Fruits De Mer	Fruits de Mer

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
818446011302	P410	106532	10818446011316		10/7 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
5.1lb	4.5lb	Turkey	No	

Shipping Information						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
10.5in	6.5in	5.5in	0.22ft3	25x10	78days	35°F / 37°F





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Nutrition Analysis - By Measure

Calories	160	Total Fat	4.9g	Sodium	500mg
Protein	12	Trans Fats	0g	Calcium	17mg
Total Carbohydrates	0g	Saturated Fat	1g	Iron	0.2mg
Sugars	0g	Added Sugars	0g	Potassium	260mg
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	40mg		
Vitamin A(IU)•		Vitamin D	11mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites	_	Nitrates	

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