



Home Chef

106641 - Green Chile & Cheese Tamales

Fire roasted hatch Green Chile with Jack and Cheddar cheese hand wrapped in award winning sweet corn masa tamales wrapped in traditional corn husks. Authentic Mexican Tamales that are Naturally Gluten Free Tamale and frozen for freshness.



* Benefits

Premium Mexican Handmade Tamales made with a blend of 100% Fire Roasted Hatch Green Chiles mixed with Cheddar and Jack Cheese. Hand wrapped in our award winning sweet corn masa. Wrapped in traditional corn husk. Authentic Mexican Tamales that are Naturally Gluten Free Tamale and frozen for freshness. Made with premium ingredients. Vegetarian.

Nutrition Facts

Servings per Container 2
Serving size 142gs (1H87)

Amount per serving
Calories 270

	% Daily Value*
Total Fat 17g	22%
Saturated Fat 4.5g	23%
Trans Fat 0g	
Cholesterol 25mg	8%
Sodium 400mg	17%
Total Carbohydrate 23g	8%
Dietary Fiber 4g	14%
Total Sugars 2g	
Includes 0g Added Sugar	0%
Protein 8g	
Vitamin D 0.6mcg	4%
Calcium 40mg	2%
Iron 0.4mg	2%
Potassium 150mg	4%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients

Masa (Water, White Ground corn flour [Corn, Lime], Sweet Kernel Corn, Canola Oil, Sea Salt, Baking Powder [Sodium Acid Pyrophosphate, Sodium Bicarbonate, Corn Starch, Monocalcium Phosphate], Vegetable Base [Vegetables {Carrot, Onion, Tomato, Potato, Garlic}, Sea Salt, Spices, Turmeric, Rice Concentrate]), Filling (Fire Roasted Hatch Green Chile [Green Chile, Lime Juice], Cheddar and Jack Cheese [Milk, Cultures, Salt, Enzymes, Annatto {color}], Methylcellulose). Contains Milk

Allergens

Contains:



Free From:



Handling Suggestions

Keep frozen until use. May slack in refrigerator for up to 14 days. Do not refreeze. UNIT UPC: 840134311067

Serving Suggestions

You could have these tamales paired with rice and beans.

Prep & Cooking Suggestions

STOVETOP: Leave tamales in corn husk. Place tamales vertically in a steam pot and be sure the water on the bottom does not touch the tamales. Steam approximately 20 minutes. Let rest one minute. Remove husks. Enjoy. Caution Tamale will be hot! For Food Safety: Heat to an internal temperature of 165F as measured by a food thermometer. Heating times may vary.

Product Specifications

Brand	Manufacturer
Home Chef	Tucson Tamale Wholesale Company

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
840134311067	10271543	106641	10840134311064		8/10 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
6.7lb	5lb	United States	No	

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
13in	9in	7in	0.47ft3	15x8	356days	-5°F / -2°F



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Nutrition Analysis - By Measure

Calories	270	Total Fat	17g	Sodium	400mg
Protein	8	Trans Fats	0g	Calcium	40mg
Total Carbohydrates...	23g	Saturated Fat	4.5g	Iron	0.4mg
Sugars	2g	Added Sugars	0g	Potassium	150mg
Dietary Fiber	4g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	25mg		
Vitamin A(U)		Vitamin D	0.6mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

