

Home Chef 106641 - Green Chile & Cheese Tamales

Fire roasted hatch Green Chile with Jack and Cheddar cheese hand wrapped in award winning sweet corn masa tamales wrapped in traditional corn husks. Authentic Mexican Tamales that are Naturally Gluten Free Tamale and frozen for freshness.



	Sodium 400mg	17% 8%		
Premium Mexican Handmade Tamales made with a blend of 100% Fire Roasted Hatch Green Chiles mixed with Cheddar and Jack Cheese. Hand wrapped in our award winning sweet corn masa. Wrapped in traditional corn husk. Authentic Mexican Tamales that are Naturally Gluten Free Tamale and frozen for freshness. Made with premium ingredients. Vegetarian.				
Allergens	Protein 8g			
Contains: implies in the mile in the mile is a series of the mile is a series	Vitamin D 0.6mcg Calcium 40mg Iron 0.4mg Potassium 150mg * The % Daily Value (DV) tells you how much a a serving of food contributes to a daily diet. 2, a day is used for general nutrition advice.			
	d Jack Cheese. Hand wrapped in our n traditional corn husk. Ily Gluten Free Tamale and frozen for Vegetarian. Allergens Contains: milk Free From: Scrustaceans O eggs fish S peanuts	e with a blend of 100% Fire Roasted d Jack Cheese. Hand wrapped in our n traditional corn husk. ly Gluten Free Tamale and frozen for Vegetarian. Includes 0g Added Sugar Protein 8g Vitamin D 0.6mcg Contains: Image: Second field fi		

Handling Suggestions

Keep frozen until use. May slack in refrigerator for up to 14 days. Do not refreeze. UNIT UPC: 840134311067

Serving Suggestions

You could have these tamales paired with rice and beans.

Prep & Cooking Suggestions

STOVETOP: Leave tamales in corn husk. Place tamales vertically in a steam pot and be sure the water on the bottom does not touch the tamales. Steam approximately 20 minutes. Let rest one minute. Remove husks. Enjoy. Caution Tamale will be hot! For Food Safety: Heat to an internal temperature of 165F as measured by a food thermometer. Heating times may vary.

Product Specifications

Brand			Manufacturer							
Home Chef				Tucson Tamale Wholesale Company						
UP	PC	MFG #	ŧ	SPC	#	GTIN			Pack	Pack Desc.
8401343	311067	102715	43	10664	41 10	10840134311064		064		8/10 OZ
Gross V	Veight	Net Wei	ght	Country of Origi		f Origin	K	Kosher Cl		ild Nutrition
6.7	lb	5lb		United States			No			
Shipping Information										
Length	Width	Height	Volu	ume	TIxHI	II Shelf Life Storage Tem		mp From/To		
13in	9in	7in	0.4	7ft3	15x8	356da	iys	-5°F / -2°F		







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Nutrition Analysis - By Measure

Calories	270	Total Fat	17g	Sodium	400mg
Protein	8	Trans Fats	Og	Calcium	40mg
Total Carbohydrates…	23g	Saturated Fat	4.5g	Iron	0.4mg
Sugars	2g	Added Sugars	Og	Potassium	150mg
Dietary Fiber	4g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	25mg		
Vitamin A(IU)•		Vitamin D	0.6mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

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