

Barnier 106961 - Preserved Lemon Spread

Preserved lemon is an essential ingredient for creating a taste of Morocco. Our tart, floral, preserved lemon spread does its citric, saline best in dressings, sauces, marinades, spreads and dips. We also love it atop grilled sea bass or a traditional Moroccan chicken tagine.



		Nutrition Fa	cts	
	Servings per Container 33 Serving size 2TBSP (30g)			
		Amount per serving Calories	70	
		% Dai	ly Value*	
	2 grand	Total Fat 6g	8%	
		Saturated Fat 0.5g	3%	
		Trans Fat 0g		
		Cholesterol 0mg	0%	
★ Benefits		Sodium 590mg	26%	
		Total Carbohydrate 4g	1%	
Preserved lemon is an essential ingredient for creating a taste of Morocco. Our tart, floral, preserved lemon spread does its citric, saline best in dressings, sauces, marinades, spreads and dips. We also love it atop grilled sea bass or a traditional Moroccan chicken tagine. Preserved lemons add a fermented quality that a regular lemon cannot. Preserved lemons are the answer when you want to add a big punch of flavor: heavy citrus, heavy floral notes from the oils in the peel and ultimately heavy umami.		Dietary Fiber 1g	4%	
		Total Sugars 0g		
punch of havor, heavy citius, heavy horal notes from	The ons in the peer and ditinately heavy dinami.	Includes 0g Added Sugar	0%	
Ingredients	Allergens	Protein Og		
		Vitamin D 0mcg	0%	
lemon (79%), sunflower oil, salt,	Free From:	Calcium 20mg	2%	
turmeric, distilled vinegar,	() crustaceans () eggs () fish () milk	Iron Omg	<u> </u>	
antioxidant: ascorbic acid.	Speanuts (Speane (Speanuts tree nuts	Potassium 0mg	0%	
	wheat			
		* The % Daily Value (DV) tells you how much a serving of food contributes to a daily diet. 2 a day is used for general nutrition advice.		

Handling Suggestions

Ambient. Keep refrigerated after opening.

Serving Suggestions

Spread over a piece of grilled swordfish, shrimp or chicken breast. Mix into Greek yogurt or mayo for a bright aioli and spread onto a roast turkey sandwich or Taleggio and ham grilled cheese. Mix with couscous and grilled veggies or marinate a whole cauliflower and roast before slicing.

Prep & Cooking Suggestions

Ready to eat

Product Specifications

Brand					Manufacturer				
Barnier					Foodmatch				
UPC	MFG	# SI	PC #	G	TIN Pac		Pack	Pack Desc.	
	CLS74	13 10	6961	107130	7400743	437		3/2.2 LB	
Gross Weight Net Weight C		ght Co	untry of	ntry of Origin K		osher Child Nutritior			
7.3	lb	6.6lb		Franc	e	No			
Shipping Information									
Length	Width	Height	Volume	TIxHI	Shelf Li	ife	Storag	ge Temp From/To	
12in	6in	8in	0.33ft3	27x7	702da	ys	60°F / 77°F		





Barnier 106961 - **Preserved Lemon Spread**



Preserved lemon is an essential ingredient for creating a taste of Morocco. Our tart, floral, preserved lemon spread does its citric, saline best in dressings, sauces, marinades, spreads and dips. We also love it atop grilled sea bass or a traditional Moroccan chicken tagine.

Nutrition Analysis - By Measure

		_			
Calories	70	Total Fat	6g	Sodium	590mg
Protein	0	Trans Fats	Og	Calcium	20mg
Total Carbohydrates…	4g	Saturated Fat	0.5g	Iron	0mg
Sugars	Og	Added Sugars	Og	Potassium	0mg
Dietary Fiber	1g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

Additional Images

