

Cuisine Solutions 106978 - Seared Beef Flat Iron Steak 3 Oz

This perfectly-cooked tender beef flat iron steak is great for any occasion. Our Beef Flat Iron is ready to heat and serve with your favorite grilled or roasted vegetables. 8 Pieces/Pouch, 5 Pouches/Case, 40 Pieces/Case (3 oz piece).





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Ingredients

Beef Top Blade, Water, Beef Broth Concentrate (beef broth, salt), Corn Starch, Citrus Blend (lemon juice concentrate, baking soda, sodium carbonate), Kosher Salt, Black Pepper, Smoke Flavor.

| A | Allergens |
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Nutrition Facts

| Servings per Container 8 Serving size 153grams (1H87) | | | | | | |
|--|-------------|--|--|--|--|--|
| Amount per serving Calories | 260 | | | | | |
| % Da | aily Value* | | | | | |
| Total Fat 16g | 25% | | | | | |
| Saturated Fat 6g | 30% | | | | | |
| Trans Fat 0.5g | | | | | | |
| Cholesterol 90mg | 30% | | | | | |
| Sodium 650mg | 27% | | | | | |
| Total Carbohydrate 1g | 0% | | | | | |
| Dietary Fiber 0g | 0% | | | | | |
| Total Sugars 0g | | | | | | |
| Includes 0g Added Sugar | 0% | | | | | |
| Protein 26g | | | | | | |
| Vitamin D 0mcg | 0% | | | | | |
| Calcium 26mg | 2% | | | | | |
| Iron 3.6mg | 20% | | | | | |
| Potassium 0mg | 0% | | | | | |
| * The % Daily Value (DV) tells you how much a serving of food contributes to a daily diet. a day is used for general nutrition advice. | | | | | | |

Handling Suggestions

KEEP FROZEN AT OF OR BELOW

Serving Suggestions

1 Piece

Prep & Cooking Suggestions

Convection Oven: 70 minutes at 350F

Combi Oven: 115 minutes at 140F

Product Specifications

| Brand | | | | | Manufacturer | | | |
|----------------------|---------------------|--------|---------|-------------------|-------------------|--------|----------------------|-----------------|
| Cuisine Solutions | | | | | Cuisine Solutions | | | |
| UPC | MFG # SPC # | | PC # | GTIN | | | Pack | Pack Desc. |
| | 0359 ⁻ | 1 100 | 5978 | 10705044035915 | | 5 | | 5/2.73 LB |
| Gross V | Gross Weight Net We | | ght Co | Country of Origin | | Kosher | | Child Nutrition |
| 14.5 | 14.59lb | | b | United S | d States No | | No | |
| Shipping Information | | | | | | | | |
| Length | Width | Height | Volume | TIxHI | Shelf L | ife | Storage Temp From/To | |
| 13.1in | 11.1in | 7.7in | 0.65ft3 | 12x5 | 356da | ys | -5°F / -2°F | |

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Nutrition Analysis - By Measure

| Calories | 260 | Total Fat | 16g | Sodium | 650mg |
|----------------------|-----|---------------------|------|----------------|-------|
| Protein | 26 | Trans Fats | 0.5g | Calcium | 26mg |
| Total Carbohydrates… | 1g | Saturated Fat | 6g | Iron | 3.6mg |
| Sugars | Og | Added Sugars | Og | Potassium | 0mg |
| Dietary Fiber | Og | Polyunsaturated Fat | | Zinc | |
| Lactose | | Monounsaturated Fat | | Phosphorus | |
| Sucrose | | Cholesterol | 90mg | | |
| Vitamin A(IU)• | | Vitamin D | 0mcg | Thiamin | |
| Vitamin A(RE) | | Vitamin E | | Niacin | |
| Vitamin C | | Folate | | Riboflavin | |
| Magnesium | | Vitamin B-6 | | Vitamin B-1 2• | |
| Monosodium | | Sulphites | | Nitrates | |

Additional Images

