



Fishwife Tinned Seafood Co

1100021 - Smoked Salmon

Fishwife's Smoked Atlantic Salmon Salmon is responsibly raised off a Norwegian island in the Arctic Circle by third-generation family farmers. It's smoked in small batches over natural wood, and hand-packed by a family owned cannery in North America.



Nutrition Facts

Servings per Container 1
Serving size 100.0g (100g)

Amount per serving
Calories 260

	% Daily Value*
Total Fat 18g	23%
Saturated Fat 3g	15%
Trans Fat	
Cholesterol 85mg	28%
Sodium 900mg	39%
Total Carbohydrate 2g	1%
Dietary Fiber 0g	0%
Total Sugars 1g	
Includes 1g Added Sugar	2%
Protein 21g	
Vitamin D 8.7mcg	44%
Calcium 62mg	5%
Iron 0.5mg	3%
Potassium 360mg	8%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Our smoked Atlantic salmon is:
Sourced directly from Kvary Arctic, the first finfish farm to carry the Fair Trade USA seal, and BAP, ASC and Global G.A.P. certification
Smoked in small batches over a mix of beech, maple, and birch wood, hand-packed, and canned by fifth-generation family-run cannery on the central coast of Washington.
Raised by third-generation family farmers in the icy Arctic circle with deep ocean currents that keep the water fresh
Fed a sustainable, nutrient-rich diet
Raised without antibiotics or chemicals

Ingredients

Atlantic salmon (Fish), dark brown sugar, salt, garlic salt

Allergens

Contains:



Free From:



Handling Suggestions

Refrigerate after opening

Serving Suggestions

<https://eatfishwife.com/blogs/recipes>

Prep & Cooking Suggestions

open and enjoy!

Product Specifications

Brand	Manufacturer	Product Category
Fishwife Tinned Seafood Co	Shrimp Girls Inc.	

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
195893872817	F6CSAL0001	1100021	30195893872818		6/3.5 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
8lb	7.9lb	United States	No	

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
13.5in	10in	6.75in	0.53ft3	14x8	949days	60°F / 77°F



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Nutrition Analysis - By Measure

Calories	260	Total Fat	18g	Sodium	900mg
Protein	21	Trans Fats		Calcium	62mg
Total Carbohydrates...	2g	Saturated Fat	3g	Iron	0.5mg
Sugars	1g	Added Sugars	1g	Potassium	360mg
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	85mg		
Vitamin A(U)		Vitamin D	8.7mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2	
Monosodium		Sulphites		Nitrates	

Additional Images

