

## **Fishwife Tinned Seafood Co** 1100021 - Smoked Salmon

Fishwife's Smoked Atlantic Salmon Salmon is responsibly raised off a Norwegian island in the Arctic Circle by third-generation family farmers. It's smoked in small batches over natural wood, and hand-packed by a family owned cannery in North America.



		<b>Nutrition Fa</b>	cts	
	Servings per Container 1 Serving size 100.0g (100g)			
		Amount per serving Calories	260	
	% Daily Value*			
		Total Fat 18g	23%	
		Saturated Fat 3g	15%	
	Trans Fat			
		Cholesterol 85mg	28%	
<b>★</b> Benefits		Sodium 900mg	39%	
•		Total Carbohydrate 2g	1%	
Our smoked Atlantic salmon is: Sourced directly from Kvary Arctic, the first finfish farm to carry the Fair Trade USA seal, and BAP, ASC and Global G.A.P. certification Smoked in small Batches over a mix of beech, maple, and birch wood, hand-packed, and canned by fifth-generation family-run cannery on the central coast of Washington. Raised by third-generation family farmers in the icy Arctic circle with deep ocean currents that keep the water fresh		Dietary Fiber 0g	0%	
		Total Sugars 1g		
Fed a sustainable, nutrient-rich diet Raised without antibiotics or chemicals		Includes 1g Added Sugar	2%	
Ingredients	Allergens	Protein 21g		
		Vitamin D 8.7mcg	44%	
Atlantic salmon (Fish), dark	Contains:	Calcium 62mg	5%	
brown sugar, salt, garlic salt	100 fish	Iron 0.5mg	3%	
	Free From:	Potassium 360mg	8%	
	() crustaceans () eggs () milk () peanuts () soy () tree nuts () wheat	* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.		

## Product Specifications

		op	00				
Refrigerate after opening	Brand		Ма	Manufacturer		Product Category	
	Fishwife Tinn	ed Seafood Co	Shrir	Shrimp Girls Inc.			
Serving Suggestions	UPC	MFG #	SPC #	GTIN		Pack	Pack Desc.
https://eatfishwife.com/blogs/recipe s	195893872817	F6CSAL0001	1100021	30195893872	2818		6/3.5 OZ
	Gross Weight	Net Weight	Country	ntry of Origin Kosher Child Nutriti		d Nutrition	
Prep & Cooking Suggestions	8lb	7.9lb	United	States	No		
open and enjoy!	Shipping Information						
	Length Width	Height Vol	lume TlxH	II Shelf Life	Stora	ge Ter	np From/To
	13.5in 10in	6.75in 0.5	53ft3 14x8	8 949days		60°F /	/ 77°F

Handling Suggestions



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Nutrition Analysis - By Measure

Calories	260	Total Fat	18g	Sodium	900mg
Protein	21	Trans Fats		Calcium	62mg
Total Carbohydrates…	2g	Saturated Fat	3g	Iron	0.5mg
Sugars	1g	Added Sugars	1g	Potassium	360mg
Dietary Fiber	Og	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	85mg		
Vitamin A(IU)•		Vitamin D	8.7mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

Additional Images



