

Patagonia Provisions

1100874 - Smoked Mussels



Patagonia Provisions Smoked Mussels. Cultivated off the coast of northern Spain. Smoked and packed in organic extra-virgin olive oil. Simple ingredient for pasta, salads, crackers or right out of the tin.



* Benefits

Patagonia Provisions, the food division of apparel company, Patagonia Inc, works to inspire and implement solutions to the environmental crisis through responsibly and regeneratively sourced foods.
Patagonia Provisions is a certified B Corporation and member of 1% For the Planet.
Patagonia Provisions Smoked Mussels
Our mussels are cultivated off the north coast of Spain. After harvest they are smoked over bay wood and packed in organic extra-virgin olive oil. Our mussels are a great pantry item in include in pasta, on salads, on cracker or simply right out of the tin.

Ingredients	A Allergens
EU organic mussels, organic mussel broth, organic extra- virgin olive oil, water, natural wood smoke	Contains: crustaceans Free From: eggs fish milk peanuts so sesame soy tree nuts wheat

Nutrition Facts

Servings per Container 0.5CN Serving size

Amount per serving

Calories	80
% D	aily Value*
Total Fat 3.5g	4%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 45mg	15%
Sodium 420mg	18%
Total Carbohydrate 3g	1%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugar	0%
Protein 9g	
Vitamin D 0mcg	0%
Calcium 26mg	2%
Iron 1.8mg	10%
Potassium 95mg	2%

a serving of food contributes to a daily diet. 2,000 calories

a day is used for general nutrition advice.

Handling Suggestions

Refrigerate after opening UNIT UPC: 810981021136

Serving Suggestions

Great right out of the tin, on crackers, on a salad, in pasta, or incorporated into a variety of dishes.

Prep & Cooking Suggestions

Open tin, enjoy!

Product Specifications

Brand	Manufacturer		
Patagonia Provisions	Patagonia Provisions		

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
810981021136	145001	1100874	00810981021730		10/4.2 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
3.5lb	2.63lb	Spain	No	

Shipping Information						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
14in	10in	8in	0.65ft3	11x6	949days	60°F / 77°F





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Nutrition Analysis - By Measure

Calories	80	Total Fat	3.5g	Sodium	420mg
Protein	9	Trans Fats	0g	Calcium	26mg
Total Carbohydrates	3g	Saturated Fat	0.5g	Iron	1.8mg
Sugars	0g	Added Sugars	0g	Potassium	95mg
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	45mg		
Vitamin A(IU)•		Vitamin D On		Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	amin C			Riboflavin	
Magnesium	Vitamin B-6			Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

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