

Patagonia Provisions 1100875 - Lemon Herb Mussels

Patagonia Provisions Lemon Herb Mussels. Smoked over bay wood and packed in organic extra-virgin olive oil. Plump morsels, great on salads, on toast, crackers, or as a simple snack right out of the tin.



		Nut		
patagonia PROVISIONS		Serving Serving		
	LEMON HERB MUSSELS in organic extra-virgin olive oil + broth	Amount Calc		
	NET WT 4.2 OZ (120g)	Total Fa		
· · · · ·		Satura		
		Trans		
		Choleste		
🗱 Benefits		Sodium		
Patagonia Provisions, the food division of apparel company, F	Patagonia lnc, works to inspire and implement solutions to the	Total Ca		
environmental crisis through responsibly and regeneratively sourced foods. Patagonia Provisions is a certified B Corporation and member of 1% For the Planet. Patagonia Provisions Lemon Herb Mussels				
Cultivated off the coast of Northern Spain. After harvest our packed in organic extra-virgin olive oil. They are a great in pas	nussels are seasoned with organic thyme and lemon and sta, on salads, on toast or crackers, or simply right out of the	Total S		
tin.				
Ingredients	🛕 Allergens	Protein		
		Vitamin D		
EU organic mussels, organic	Contains:	Calcium		
mussel broth, organic extra- virgin olive oil, organic lemon juice, organic garlic, organic onion, organic spices	(Second second s	Iron 4.3m		
	Free From:	Potassiur		
	🕜 eggs 🔊 fish 🕧 milk 🔇 peanuts 🗞 sesame 🗞 soy 💮 tree nuts 鍵 wheat	* The % Dail a serving o a day is us		

trition Facts

Servings per Container Serving size 1.00	1 2N (1CN)
Amount per serving Calories	190
% D	aily Value*
Total Fat 10g	13%
Saturated Fat 2g	10%
<i>Trans</i> Fat 0g	
Cholesterol 90mg	30%
Sodium 700mg	30%
Total Carbohydrate 5g	2%
Dietary Fiber 0g	0%
Total Sugars 1g	
Includes 0g Added Sugar	0%
Protein 18g	
Vitamin D 0mcg	0%
Calcium 61mg	4%
Iron 4.3mg	25%
Potassium 193mg	4%
* The % Daily Value (DV) tells you how mud a serving of food contributes to a daily diet	

used for general nutrition advice.

Handling Suggestions	🖉 Pro	duct S	specific	ations					
Refrigerate after opening UNIT UPC: 810981021150	Brand Patagonia Provisions			Manufacturer Patagonia Provisions					
Serving Suggestions	UI	PC	MFG #	SPC	#	GTIN		Pack	Pack Desc.
Great right out of the tin, on crackers, on salads, in pasta, and a variety of other dishes.	810981	021150	145003	11008	75 00	8109810	21747		10/4.2 OZ
	Gross V	Veight	Net Wei	ght Cc	untry o	f Origin	Kosh	er Ch	ild Nutrition
Prep & Cooking Suggestions	3.5	lb	2.631)	Spai	n	No		
Open tin, enjoy!	Shipping Information								
	Length	Width	Height	Volume	TIxHI	Shelf L	ife Sto	orage Te	emp From/To
	14in	10in	8in	0.65ft3	11x6	949da	ys	60°F	- / 77°F



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Nutrition Analysis - By Measure

Calories	190	Total Fat	10g	Sodium	700mg
Protein	18	Trans Fats	Og	Calcium	61mg
Total Carbohydrates…	5g	Saturated Fat	2g	Iron	4.3mg
Sugars	1g	Added Sugars	Og	Potassium	193mg
Dietary Fiber	Og	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	90mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

Additional Images



