



NAU Seafood

1101008 - Half Shell Mussels

Half Shell Mussels, raised in pristine waters, preserving natural freshness. Perfect for appetizers, seafood platters, or gourmet feasts. Packed in 8oz skinpack tray, 10-unit master case. Skinpack offers freshness, protection, presentation, space-saving storage, safe handling, quick thawing.



✱ Benefits

NAU SEAFOOD Half Shell Mussels are a true seafood delicacy. These succulent mussels are raised in pristine waters and carefully prepared to preserve their natural freshness. Each mussel is presented in its half shell, making for an elegant and visually stunning addition to your culinary creations. Whether you're an experienced chef or a home cook looking to elevate your dishes, our Half Shell Mussels offer endless possibilities. The convenience of having them in their half shell means they are ready to be filled with your favorite ingredients, from garlic butter and herbs to decadent sauces and cheeses. Roast, broil, or grill them to perfection, and watch as the flavors meld together, creating a mouthwatering symphony of taste. Perfect for appetizers, seafood platters, or the centerpiece of a gourmet seafood feast, our Half Shell Mussels bring a touch of sophistication and a burst of oceanic flavor to every bite. Elevate your dining experience and savor the ocean's bounty with our Half Shell Mussels. Packed in a 8oz skinpack tray and master case of 10 units, skinpack frozen tray packaging offers advantages. Vacuum-sealed in clear film tightly adhered to the tray, it ensures airtight security. Benefits include:

Freshness: Minimizes air exposure, preserving quality.
Protection: Guards against contaminants.
Waste Reduction: Efficient/recyclable materials use.
Presentation: Displays product, enhances appeal.
Storage: Compact design optimizes freezer space.
Handling: Prevents leakage, eases safe use.
Thawing: Close contact speeds even thawing.

Ingredients

Mussel

⚠ Allergens

Contains:

🐚 crustaceans

Free From:

🥚 eggs 🐟 fish 🥛 milk 🥜 peanuts
🌱 sesame 🫘 soy 🌳 tree nuts 🌾 wheat

Nutrition Facts

Servings per Container 2
Serving size 1/2cup (100g)

Amount per serving
Calories 69

	% Daily Value*
Total Fat 1.5g	2%
Saturated Fat 0.3g	1%
Trans Fat 0g	
Cholesterol 40mg	13%
Sodium 290mg	12%
Total Carbohydrate 2g	1%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugar	0%

Protein 12.1g	
Vitamin D 0mcg	0%
Calcium 56mg	6%
Iron 3.5mg	18%
Potassium 0mg	0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Handling Suggestions

Keep frozen until use.
Keep at 0F (-18C).
Once defrosted, do not refreeze.
Thaw by removing from the freezer and place into the refrigerator 8h before use.
After thawing treat as any fresh product. UNIT UPC: 5608212382324

Serving Suggestions

MARINARA: Simmer Half Shell Mussels in rich marinara over pasta.
GARLIC BUTTER: Roast with garlic butter and herbs.
MUSSELS ROCKELLER: Bake with creamy spinach and cheese.
THAI MUSSELS: Steam in coconut milk, curry, and lime.
TAPAS: Stuff with chorizo, breadcrumbs, and herbs.
CAESAR SALAD: Add to Caesar salad for seafood twist.
PAELLA: Enhance paella with authentic seafood flavor.
A LA PROVENCALE: Cook Half Shell Mussels with tomatoes, garlic, herbs, and olive oil for a classic Provençal dish.
PASTA: Toss these mussels with linguine, capers, and a Provençal-inspired tomato sauce.
RISOTTO: Add these mussels to a creamy Provençal-style risotto for a gourmet seafood twist.

Prep & Cooking Suggestions

Thaw by removing from the freezer and place into the refrigerator 8h before use.
After thawing treat as any fresh product.
Requires complete cooking before consumption.
To be seasoned according with personal taste.

📄 Product Specifications

Brand	Manufacturer
NAU Seafood	BeiraNova S.A.

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
5608212382324	115035	1101008	15608212382321		10/8 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
5.67lb	5lb	Portugal	No	

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
14.74in	10.5in	6.14in	0.55ft3	11x14	475days	-5°F / -2°F



NAU Seafood

1101008 - Half Shell Mussels

Half Shell Mussels, raised in pristine waters, preserving natural freshness. Perfect for appetizers, seafood platters, or gourmet feasts. Packed in 8oz skinpack tray, 10-unit master case. Skinpack offers freshness, protection, presentation, space-saving storage, safe handling, quick thawing.



Nutrition Analysis - By Measure

Calories	69	Total Fat	1.5g	Sodium	290mg
Protein	12.1	Trans Fats	0g	Calcium	56mg
Total Carbohydrates...	2g	Saturated Fat	0.3g	Iron	3.5mg
Sugars	0g	Added Sugars	0g	Potassium	0mg
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	40mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

Additional Images

