

Siesta Co. 1101476 - Sardines In Organic Evoo

Flaky and tender, these sardines wild, all natural, bone-in scale-free sardines are hand packed individually in organic extra virgin olive oil with a touch of sea salt.



			Nutrition Fa	cts		
			Servings per Container Serving size 3.0			
			Amount per serving Calories 15			
			% Daily Va			
			Total Fat 5g	6%		
			Saturated Fat 1g	4%		
			<i>Trans</i> Fat 0g			
			Cholesterol 55mg	18%		
★ Benefits			Sodium 550mg	21%		
	Total Carbohydrate Og	0%				
Flaky and tender, these sardines melt in your mouth and enc. of Galicia, Spain, these wild, all natural, bone-in scale-free sar oil with a touch of sea salt.	Dietary Fiber 0g	0%				
This conserva is not only packed with flavor, but nutrients like gastronomic experience. Meaty and flavorful, our sardines ar toast or alongside piquillo peppers and olives.	Total Sugars 0g					
Ingredients: Sardines, organic extra virgin olive oil, sea salt			Includes 0g Added Sugar	0%		
Ingredients	Allergens		Protein 21g			
			Vitamin D 0.8mcg	4%		
Sardines, organic extra virgin	Contains:		Calcium 494mg	38%		
olive oil, sea salt			Iron 1.8mg	10%		
	Free From:		Potassium 204mg	6%		
	() crustaceans () eggs	inilk () peanuts ree nuts () wheat	* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.			

Handling Suggestions

Refrigerate after opening UNIT UPC: 787790163961

Serving Suggestions

Meaty and flavorful, our sardines are a delicacy right out of the tin. Theyre also perfect over a toast or alongside piquillo peppers and olives, or a salad.

Prep & Cooking Suggestions

On their own, salad, pasta, toast

Product Specifications

Brand				Manufacturer						
Siesta Co.				Tipic Inc						
UP	C	MFG	#	SP	C # GTIN		TIN		Pack	Pack Desc.
7877901	63961	SARDINES	10PCK	110	1476	476 20787790163965		3965		10/4.37 OZ
Gross V	Weight Net Weight Coun		try of Origin Kosher		osher	Child Nutrition				
2.97lb 2.73lb		o 🛛	Spain				No			
Shipping Information										
Length	Width	Height	Volun	ne ⁻	TIxHI	Shelf L	.ife	Storage Temp From/To		
12.5in	4.75in	3in	0.1ft	3 3	38x14	949da	iys	60°F / 77°F		





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Nutrition Analysis - By Measure

Calories	150	Total Fat	5g	Sodium	550mg
Protein	21	Trans Fats	Og	Calcium	494mg
Total Carbohydrates…	Og	Saturated Fat	1g	Iron	1.8mg
Sugars	Og	Added Sugars	Og	Potassium	204mg
Dietary Fiber	Og	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	55mg		
Vitamin A(IU)•		Vitamin D	0.8mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

Additional Images



