



Siesta Co.

1101477 - Mussels In Pickled Oil

- Siesta Co. mussels in organic olive oil
- Carefully selected and hand-tinned in delicious pickled marinade made
- All organic
- Rich in iron, omega 3 and protein



Nutrition Facts

Servings per Container **1**
 Serving size **2.5OZ**

Amount per serving
Calories 130

	% Daily Value*
Total Fat 7g	9%
Saturated Fat 1g	5%
<i>Trans Fat</i>	
Cholesterol 55mg	18%
Sodium 420mg	18%
Total Carbohydrate 1.5g	1%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugar	0%
Protein 16g	
Vitamin D 0mcg	0%
Calcium 39mg	3%
Iron 2.16mg	12%
Potassium 68mg	1%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Siesta Co. all natural, harvested mussels from the Ras Baixas in Galicia, Spain. Carefully selected and hand-tinned in escabeche" sauce - a delicious marinade made with all organic extra virgin organic olive oil, vinegar, paprika and sea salt. Rich with vibrant flavor and filled with beneficial nutrients like iron, omega 3 and protein, these iconic Spanish mussels are a guilt free snack perfect for any occasion.

Ingredients: organic mussels, organic extra virgin olive oil, organic vinegar, organic paprika, sea salt

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Organic Mussels, organic extra virgin olive oil, organic vinegar, organic paprika, sea salt

⚠ Allergens

Contains:



Free From:



crustaceans



eggs



milk



peanuts



soy



tree nuts



wheat

Handling Suggestions

Refrigerate after opening

Serving Suggestions

On their own. On a toast. On top of a chip or cracker.

Prep & Cooking Suggestions

On their own. On a toast. On top of a chip or cracker.

📄 Product Specifications

Brand	Manufacturer	Product Category
Siesta Co.	Tipic Inc	

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
787790163862	MUSSELS10PCK	1101477	20787790163866		10/4 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
2.97lb	2.5lb	Spain	No	

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
12.5in	4.75in	3in	0.1ft3	38x14	949days	60°F / 77°F



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Nutrition Analysis - By Measure

Calories	130	Total Fat	7g	Sodium	420mg
Protein	16	Trans Fats		Calcium	39mg
Total Carbohydrates...	1.5g	Saturated Fat	1g	Iron	2.16mg
Sugars	0g	Added Sugars	0g	Potassium	68mg
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	55mg		
Vitamin A(U)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

