



Tender Belly
1101688 - Spiral Cut Ham Uncured With Glaze
Uncured Spiral Cut Ham w/ Signature Glaze Packet- ABF



100% ABF / 100% Crate Free /100% Veg Fed / Heritage Breed



Nutrition Facts

Servings per Container 43
Serving size 3.00Z (3oz)

Amount per serving
Calories 140

% Daily Value*	
Total Fat 7g	11%
Saturated Fat 2.5g	13%
Trans Fat 0g	
Cholesterol 50mg	17%
Sodium 970mg	40%
Total Carbohydrate 2g	1%
Dietary Fiber 0g	0%
Total Sugars 2g	
Includes 2g Added Sugar	%
Protein 16g	
Vitamin D 0mcg	0%
Calcium 17mg	2%
Iron 0.4mg	2%
Potassium 0mg	0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

We're on a mission to bring happiness to hearts and bellies by crafting the most #crazytasty pork on Planet Earth.

Ingredients

Ham, Water, Salt, Turbinado Sugar, Sodium Phosphate, Cultured Celery Powder (Celery Powder, Sea Salt).
GLAZE: Cane Sugar, Honey Powder, Pineapple Powder, Onion Powder, Cinnamon, Nutmeg, Smoked Paprika, Spices.

Allergens

Free From:

- crustaceans eggs fish milk
 peanuts sesame soy tree nuts
 wheat

Handling Suggestions

Keep Frozen

Serving Suggestions

3oz

Prep & Cooking Suggestions

Pre-Heat OVEN to 275 degrees (f).
Leave foil wrap on ham. place defrosted ham on flat side in roasting pan. heat ham on an internal temp of 120 degrees (f). Roasting time is generally 6-8 minutes per pound.

Product Specifications

Brand	Manufacturer
Tender Belly	Tender Belly LLC

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
	90840F	1101688	90076445908402		4/8 LB

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
37lb	32lb	United States	No	

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
20.81in	15.38in	7in	1.3ft3	5x8	90days	-5°F / -2°F



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Nutrition Analysis - By Measure

Calories	140	Total Fat	7g	Sodium	970mg
Protein	16	Trans Fats	0g	Calcium	17mg
Total Carbohydrates...	2g	Saturated Fat	2.5g	Iron	0.4mg
Sugars	2g	Added Sugars	2g	Potassium	0mg
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	50mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	



Additional Images

