



Prime Roots

1102475 - Black Forest Koji Ham

Prime Roots crafts delicious sustainable plant-based deli meat and charcuterie you can feel good about eating. A classic Koji-Ham inspired by the German tradition, with notes of juniper, garlic, and coriander.



Nutrition Facts

Servings per Container 53
Serving size 56grams (2oz)

Amount per serving
Calories 90

	% Daily Value*
Total Fat 3.5g	4%
Saturated Fat 0g	0%
Trans Fat	
Cholesterol 0mg	0%
Sodium 480mg	21%
Total Carbohydrate 7g	3%
Dietary Fiber 4g	14%
Total Sugars 1g	
Includes 1g Added Sugar	2%
Protein 7g	
Vitamin D 0mcg	0%
Calcium 78mg	6%
Iron 0mg	0%
Potassium 165mg	4%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

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Ingredients

Koji Culture, Yeast, Water, Natural Flavor, Konjac Root Flour, Rice Bran Oil, less than 2 percent of: Sea Salt, Rice, Spices, Garlic Powder, Natural Lycopene For Color, Sesame Oil, Hydrated Lime, Sodium Ascorbate (Vitamin C).

⚠ Allergens

Free From:



Handling Suggestions

refrigerated (32-38 degF), DO NOT FREEZE

Serving Suggestions

Can be sliced to any thickness desired, all the way from shaved to dinner cut and everything in between - a standard cut would be 0.75mm - 1mm. The product is ready to eat and can be served hot or cold.

Prep & Cooking Suggestions

Can be prepared hot (pan-frying, hot sandwich) or cold (sandwich, charcuterie board)

📄 Product Specifications

Brand	Manufacturer	Product Category
Prime Roots	Terramino Inc	

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
	23187	1102475	00196852423187		2/6.55 LB

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
14.1lb	13.1lb	United States	No	

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
10in	12in	7in	0.49ft3	16x9	29days	35°F / 37°F



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Nutrition Analysis - By Measure

Calories	90	Total Fat	3.5g	Sodium	480mg
Protein	7	Trans Fats		Calcium	78mg
Total Carbohydrates...	7g	Saturated Fat	0g	Iron	0mg
Sugars	1g	Added Sugars	1g	Potassium	165mg
Dietary Fiber	4g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(U)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

