



Van Lang

# 11030 - Vegetable Eggrolls

A hand-crafted hors d'oeuvre filled with an assortment of traditional vegetables wrapped in a succulent egg skin wrapper. It comes in 200 pieces per case (2 packs of 100).



### \* Benefits

Van Lang Foods offers a complete line of appetizers and hors d'oeuvres that encompass the major culinary regions of the world. Asian, European, Mexican, Indian and, of course, traditional American flavors top the list of our unique and authentic tastes. From our one-of-a-kind Peking Duck Roll to our amazing Coconut Lobster Skewer, each and every piece is hand crafted using only the highest quality ingredients.

## Nutrition Facts

Servings per Container 50  
Serving size 2.0PC (2H87)

Amount per serving  
**Calories 160**

	% Daily Value*
<b>Total Fat</b> 4g	<b>5%</b>
Saturated Fat 1g	<b>5%</b>
Trans Fat	
<b>Cholesterol</b> 110mg	<b>37%</b>
<b>Sodium</b> 560mg	<b>24%</b>
<b>Total Carbohydrate</b> 24g	<b>9%</b>
Dietary Fiber 4g	<b>14%</b>
Total Sugars 5g	
Includes 3g Added Sugar	<b>6%</b>
<b>Protein</b> 7g	
Vitamin D 1.2mcg	<b>6%</b>
Calcium 104mg	<b>8%</b>
Iron 1.8mg	<b>10%</b>
Potassium 470mg	<b>10%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### Ingredients

INGREDIENTS: FILLING: Cabbage, Liquid Egg, Carrots, Spanish Onions, Peas, Bean Threads (green mung bean, pea, water), Black Fungus, Sugar, Ginger, Oyster Flavor Sauce (water, sugar, oyster extractives (oyster, water, salt), monosodium glutamate, modified corn starch, wheat flour, caramel color. Contains wheat), Potato Flakes (potatoes, mono and diglycerides from vegetable oil, disodium dihydrogen pyrophosphate (to promote color retention), and citric acid), Garlic, Sesame Oil (sesame seed oil), Garlic Oil (garlic, soybean oil), Salt, Soy Sauce (water, wheat, soybeans, salt, sodium benzoate: less than 1/10 of 1% as a preservative), Black Pepper, Soybean Oil. WRAPPER: Eggroll Wrapper (bleached wheat flour, malted barley flour, water, salt, calcium propionate, fd&c yellow #5 & #6, corn starch. Contains: wheat). SEALANT: Liquid Egg.

### Allergens

#### Contains:

crustaceans eggs soy wheat

#### Free From:

fish milk peanuts tree nuts

### Handling Suggestions

Keep cases in a freezer that has a maximum of 10F and -20F.

### Serving Suggestions

Deep fry from frozen in 350F oil for 4 minutes then bake in 350F for 10 minutes. Internal temperature must reach 165F as measured by a thermometer.

### Prep & Cooking Suggestions

Deep fry from frozen \*AND THEN\* bake

### Product Specifications

Brand	Manufacturer	Product Category
Van Lang	Van Lang Foods	

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
813945023948	111030	11030	00813945023948		100/3 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
19.75lb	18.75lb	United States	No	

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
16.5in	9.5in	6.5in	0.59ft3	13x6	365days	-2°F / -5°F



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## Nutrition Analysis - By Measure

Calories	160	Total Fat	4g	Sodium	560mg
Protein	7	Trans Fats		Calcium	104mg
Total Carbohydrates...	24g	Saturated Fat	1g	Iron	1.8mg
Sugars	5g	Added Sugars	3g	Potassium	470mg
Dietary Fiber	4g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	110mg		
Vitamin A(U)		Vitamin D	1.2mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

## Additional Images

