

#### Fishwife Tinned Seafood Co

#### 1104560 - Smoked Rainbow Trout



Expertly raised in an ASC-certified sustainable farm in Denmarks countryside. Slow-smoked in small batches over beechwood and hand-packed in olive oil at a micro-cannery outside of Copenhagen



### \* Benefits

- Expertly raised in an ASC-certified sustainable farm in Denmarks countryside.

- Slow-smoked in small batches over beechwood and hand-packed in olive oil at a micro-cannery outside of Copenhagen
   The standards for aquaculture in Denmark are some of the highest in the world.
   Fed a GMO-free, sustainable, nutrient-rich diet.
   The trout is caramelized on the outside, and buttery and flaky on the inside. Its smoky, savory and the tiniest bit sweet.

- The trout is carafficized off the outside, and butte	ily alla liaky off the ilistae, its silloky, savory alla
<ul> <li>Enjoy stirred into a lemony pasta, as smoked trou</li> </ul>	t dip with potato chips, or in a savory sandwich.

Ingredients	<b>A</b> Allergens
Smoked trout (fish), olive oil, garlic, salt	Contains:
	Free From:
	© eggs © milk © peanuts © sesame

# **Nutrition Facts**

Servings per Container **Serving size 1candrained (67g)** 

## **Amount per serving** Calories

120

Calories	100
% Da	aily Value*
Total Fat 14g	18%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 35mg	12%
Sodium 180mg	8%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugar	0%
Protein 15g	_
Vitamin D 0.4mcg	10%
Calcium 26mg	2%
Iron 0.36mg	2%
Potassium 188mg	4%

a serving of food contributes to a daily diet. 2,000 calories

a day is used for general nutrition advice.

## **Handling Suggestions**

Store in a dry place UNIT UPC: 850046148095

#### Serving Suggestions

Enjoy stirred into a lemony pasta, as smoked trout dip with potato chips, or in a savory sandwich.

#### Prep & Cooking Suggestions

Open and enjoy



#### Product Specifications

Brand	Manufacturer
Fishwife Tinned Seafood Co	Shrimp Girls Inc.

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
850046148095	FMCTRT0003	1104560	20850046148099		10/3.7 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
18lb	17.99lb	Denmark	No	

Shipping Information						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
13.9in	10.4in	6.8in	0.57ft3	11x8	999days	60°F / 77°F





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Nutrition Analysis - By Measure

Calories	180	Total Fat	14g	Sodium	180mg
Protein	15	Trans Fats	0g	Calcium	26mg
Total Carbohydrates•••	0g	Saturated Fat	2g	Iron	0.36mg
Sugars	0g	Added Sugars	0g	Potassium	188mg
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	35mg		
Vitamin A(IU)•		Vitamin D	0.4mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

0	Additional Images						

