



La Rustichella

111020 - Linguine

Rustichella d'Abruzzo pasta is made with the finest quality grains blended with pure mountain spring water, extruded through bronze dies and slowly air-dried, creating its signature rough texture that holds sauce beautifully.



Nutrition Facts

Servings per Container 5
Serving size 3.5OZ

Amount per serving
Calories 352

	% Daily Value*
Total Fat 1.5g	2%
Saturated Fat 0.3g	2%
Trans Fat	
Cholesterol 0mg	0%
Sodium 10mg	0%
Total Carbohydrate 71g	26%
Dietary Fiber 3g	11%
Total Sugars 4g	
Includes 0g Added Sugar	0%
Protein 13.5g	
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0mg	0%
Potassium 0mg	0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Rustichella d'Abruzzo pasta is made with the finest quality grains blended with pure mountain spring water, extruded through bronze dies and slowly air-dried, creating its signature rough texture that holds sauce beautifully. From lingue, meaning "tongues" in Italian, this tongue-shaped long pasta is also known as bavette. Usually served with olive oil, garlic and tiny clams, this shape is used throughout Italy, mostly with fish or shellfish sauces. Cooking Time: 9-11 minutes.

Ingredients

durum wheat semolina, water

Allergens

Contains:



wheat

Free From:



crustaceans



eggs



fish



milk



peanuts



soy



tree nuts

Handling Suggestions

Store in a cool dark place.

Product Specifications

Brand	Manufacturer	Product Category
La Rustichella	Manicaretti Inc	Pasta & Noodles

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
793232111025	11102	111020	79323211102500		12/500 GR

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
15lb	15lb	Italy	Yes	

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
13.75in	10in	6.5in	0.52ft3	12x9	475days	60°F / 77°F

Serving Suggestions

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Prep & Cooking Suggestions

Cooking Time: 9-11 minutes

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Nutrition Analysis - By Measure

Calories	352	Total Fat	1.5g	Sodium	10mg
Protein	13.5	Trans Fats		Calcium	0mg
Total Carbohydrates...	71g	Saturated Fat	0.3g	Iron	0mg
Sugars	4g	Added Sugars	0g	Potassium	0mg
Dietary Fiber	3g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(U)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

