



## Flour And Forge

# 11368 - Garlic Herb Sourdough Flatbread Cra



A new item from Flour and Forge. Garlic Herb Sourdough Flatbread Crackers are crispy, crunchy and delicious. Perfect for elevating your next cheese or charcuterie board. They are hearty enough for dipping and subtle enough for pairing. You can also just eat them right out of the container.



## Nutrition Facts

12 Servings Per Container

Serving size **15grams (2H87)**

Amount per serving  
**Calories 50**

% Daily Value\*

<b>Total Fat</b> 0.5 g	<b>1%</b>
Saturated Fat 0 g	<b>0%</b>
Trans Fat 0 g	
<b>Cholesterol</b> 0 mg	<b>0%</b>
<b>Sodium</b> 130 mg	<b>6%</b>
<b>Total Carbohydrate</b> 10 g	<b>4%</b>
Dietary Fiber 0 g	<b>0%</b>
Total Sugars 1 g	
Includes 1 g Added Sugar	<b>2%</b>
<b>Protein</b> 2 g	
Vitamin D 0 mcg	<b>0%</b>
Calcium 10 mg	<b>0%</b>
Iron 0.8 mg	<b>4%</b>
Potassium 20 mg	<b>0%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### \* Benefits

A new item from Flour and Forge. Garlic Herb Sourdough Flatbread Crackers are crispy, crunchy and delicious. Made from the finest ingredients: Enriched Unbleached Flour (wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Distilled White Vinegar, Cane Sugar, Avocado Oil, Sourdough Powder (fermented durum wheat flour), Sea Salt, Basil, Oregano, Dried Green Olives (olives, lactic acid, ascorbic acid), Garlic Powder, Dried Red Bell Pepper, Rosemary. If you love Sourdough, you will love these. Perfect for elevating your next cheese or charcuterie board. They are hearty enough for dipping and subtle enough for pairing. You can also just eat them right out of the container.

### Ingredients

Enriched Unbleached Flour (wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Distilled White Vinegar, Cane Sugar, Avocado Oil, Sourdough Powder (fermented durum wheat flour), Sea Salt, Basil, Oregano, Dried Green Olives (olives, lactic acid, ascorbic acid), Garlic Powder, Dried Red Bell Pepper, Rosemary.

### Allergens

#### Contains:



#### May Contain:



#### Free From:



### Handling Suggestions

Keep the crackers in the sealed container for best results.---  
UNIT UPC: 820581113681  
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### Serving Suggestions

Perfect for elevating your next cheese or charcuterie board. They are hearty enough for dipping and subtle enough for pairing. You can also just eat them right out of the container.

### Prep & Cooking Suggestions

Ready to be used out of the container.

### Product Specifications

Brand	Manufacturer
Flour And Forge	Flour And Forge

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
820581113681	GFI368	11368	10820581113688		8/6.5 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
4.25 lb	3.25 lb	United States of America	Yes	

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
11.5 in	7.75 in	9 in	0.46 ft3	20x5	237 days	60 °F / 77 °F



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### Nutrition Analysis - By Measure

Calories	50	Total Fat	0.5 g	Sodium	130 mg
Protein	2	Trans Fats	0 g	Calcium	10 mg
Total Carbohydrates...	10 g	Saturated Fat	0 g	Iron	0.8 mg
Sugars	1 g	Added Sugars	1 g	Potassium	20 mg
Dietary Fiber	0 g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0 mg		
Vitamin A(U)		Vitamin D	0 mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2	
Monosodium		Sulphites		Nitrates	

### Additional Images

