

## H&H Bagels 118300 - **Sesame Bagel**

Our 6-pack bagels are perfect for the frozen aisle or they can be slacked out daily in the bakery section. They are also very popular with hotels, restaurants, cafes, and gourmet markets.



		<b>Nutrition Fa</b>	cts	
	Servings per Container 6 Serving size 115.0g (115g)			
		Amount per serving Calories	360	
		% Daily Value*		
		Total Fat 7g	9%	
		Saturated Fat 1g	5%	
		Trans Fat		
		Cholesterol 0mg	0%	
🗱 Benefits		Sodium 260mg	11%	
H&H Bagels, "Like No Other Bagel in the World", was founded in New York City in 1972. For over 45 years we have used our original recipe and the highest quality, all- natural ingredients sourced from around the world to make the finest old-world, kettle-boiled bagels. Our bagels are made right here in New York City the same today as our very first day.		Total Carbohydrate 62g	23%	
		Dietary Fiber 5g	18%	
		Total Sugars 7g		
		Includes 6g Added Sugar	%	
Ingredients	Allergens	Protein 14g		
Flour, water, sesame seeds, sugar, yeast, salt, cornmeal, enzymes		Vitamin D 0mcg	0%	
	Contains:	Calcium 155mg	10%	
	wheat	Iron 5mg	30%	
	Free From:	Potassium 152mg	4%	
	() crustaceans () eggs () fish () peanuts () soy () tree nuts	* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.		

## Handling Suggestions **Product Specifications** See label for suggestions Brand Manufacturer H&H Bagels H&H Bagels Serving Suggestions UPC SPC # MFG # GTIN Pack Pack Desc. See label for suggestions 859313006830 118300 00859313006632 1183 10/6 CT Gross Weight Net Weight Country of Origin Kosher Child Nutrition 16.4lb 15.2lb **United States** Yes Prep & Cooking Suggestions **Shipping Information** Keep frozen / thaw 5-10 minutes at room temp / slice, toast, and enjoy! Height Width Volume TIxHI Shelf Life Storage Temp From/To Length 18.19in 10.25in 1.31ft3 12.13in 8x7 117days -2°F/-5°F



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Nutrition Analysis - By Measure

Calories	360	Total Fat	7g	Sodium	260mg
Protein	14	Trans Fats		Calcium	155mg
Total Carbohydrates…	62g	Saturated Fat	1g	Iron	5mg
Sugars	7g	Added Sugars	6g	Potassium	152mg
Dietary Fiber	5g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

Additional Images



