



H&H Bagels  
118800 - Everything Bagel

Our 6-pack bagels are perfect for the frozen aisle or they can be slacked out daily in the bakery section. They are also very popular with hotels, restaurants, cafes, and gourmet markets.



\* Benefits

H&H Bagels, "Like No Other Bagel in the World", was founded in New York City in 1972. For over 45 years we have used our original recipe and the highest quality, all-natural ingredients sourced from around the world to make the finest old-world, kettle-boiled bagels. Our bagels are made right here in New York City the same today as our very first day.

Ingredients

Flour, water, sugar, yeast, salt, sesame seeds, poppy seeds, minced onion, minced garlic, coarse salt, oats, cornmeal, enzymes

⚠ Allergens

Contains:

wheat

Free From:

crustaceans eggs fish milk  
 peanuts soy tree nuts

Nutrition Facts

Servings per Container 6  
Serving size 115.0g (115g)

Amount per serving  
**Calories 330**

	% Daily Value*
Total Fat 2.5g	3%
Saturated Fat 0g	0%
Trans Fat	
Cholesterol 0mg	0%
Sodium 200mg	52%
Total Carbohydrate 64g	23%
Dietary Fiber 5g	18%
Total Sugars 7g	
Includes 6g Added Sugar	%
Protein 13g	
Vitamin D 0mcg	0%
Calcium 82mg	6%
Iron 4mg	20%
Potassium 150mg	4%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Handling Suggestions

See label for suggestions

Serving Suggestions

See label for suggestions

Prep & Cooking Suggestions

Keep frozen / thaw 5-10 minutes at room temp / slice, toast, and enjoy!

Product Specifications

Brand	Manufacturer
H&H Bagels	H&H Bagels

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
859313006885	1188	118800	00859313006687		10/6 CT

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
16.4lb	15.2lb	United States	Yes	

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
12.13in	18.19in	10.25in	1.31ft3	8x7	117days	-2°F / -5°F



**H&H Bagels**  
**118800 - Everything Bagel**

Our 6-pack bagels are perfect for the frozen aisle or they can be slacked out daily in the bakery section. They are also very popular with hotels, restaurants, cafes, and gourmet markets.



Nutrition Analysis - By Measure

Calories	330	Total Fat	2.5g	Sodium	200mg
Protein	13	Trans Fats		Calcium	82mg
Total Carbohydrates...	64g	Saturated Fat	0g	Iron	4mg
Sugars	7g	Added Sugars	6g	Potassium	150mg
Dietary Fiber	5g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

 Additional Images

