

Camellia 120112 - Green Split Peas

Green Split Peas are the mature form of green peas: the dried seeds of peas are peeled and then split, increasing the surface area of the pea. As a result, Split Peas dont need to be soaked. They cook more quickly than whole peas, too!



		Nutrition Fa	cts		
SING	Servings per Container 9 Serving size 1/4cup (51g)				
		Amount per serving Calories	180		
(am	BRAND	% Da	ily Value*		
COPEN		Total Fat 0.5g	1%		
		Saturated Fat 0g	0%		
	Trans Fat 0g				
		Cholesterol 0mg	0%		
★ Benefits		Sodium 10mg	0%		
		Total Carbohydrate 33g	12%		
Green Split Peas are the mature form of green peas: the dried seeds of peas are peeled and then split, increasing the surface area of the pea. As a result, Split Peas dont need to be soaked. They cook more quickly than whole peas, tool Like all of our beans, Camellias Green Split Peas are non-GMO, gluten-free,		Dietary Fiber 13g	46%		
and meet the Hayward Standard the name our gro the top USDA requirements. Try some today we thi	Total Sugars 4g				
the top 05DA requirements. Ity some today we the	Includes 0g Added Sugar	0%			
Ingredients	Allergens	Protein 12g			
			01/		
Green Split Peas	Free From:	Vitamin D 0mcg	0%		
	() eggs () fish () milk	Calcium 26mg	2%		
	Speanuts (Spearate Spearate Sp	Iron 2.52mg	14%		
	() wheat	Potassium 306mg	9%		
		* The % Daily Value (DV) tells you how much a serving of food contributes to a daily diet. a day is used for general nutrition advice.			

🖉 Product Specificati	ions
-----------------------	------

Handling Suggestions	Product Specifications								
Store in dry place UNIT UPC: 071054000124	Brand Camellia		Manufacturer L.H. Hayward and Co. LLC				LC		
Serving Suggestions	UPC		MFG #	SP	PC #	GTIN		Pack	Pack Desc.
Serve over rice or as a side dish	071054000124		1201-12	2 120	0112	000710541	0071054120129		12/1 LB
	Gross Weight Net Weight		ght		y of Origin	Koshe No	er Ch	ild Nutrition	
Prep & Cooking Suggestions	12.210		1210		ornee				
Boil for 1.5 hours	Shipping Information								
	Length \	Width	Height	Volum	ne Tl>	xHI Shelf Li	ife Sto	orage Te	emp From/To
	8.5in	9in	6in	0.27ft	t3 20)x7 475day	/S	60°F	- / 77°F





Camellia 120112 - Green Split Peas

COURNEL FOOD

Green Split Peas are the mature form of green peas: the dried seeds of peas are peeled and then split, increasing the surface area of the pea. As a result, Split Peas dont need to be soaked. They cook more quickly than whole peas, too!

Nutrition Analysis - By Measure

Calories	180	Total Fat	0.5g	Sodium	10mg
Protein	12	Trans Fats	Og	Calcium	26mg
Total Carbohydrates…	33g	Saturated Fat	Og	Iron	2.52mg
Sugars	4g	Added Sugars	Og	Potassium	306mg
Dietary Fiber	13g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12•	
Monosodium		Sulphites		Nitrates	

Additional Images



