



Al Amir Fresh Foods  
123481 - **Garlico Original**

Garlico Original - Freshly Whipped Garlic - The Garlic Father - Al Amir Fresh Foods - Great for entertaining, party pairings, family get togethers, healthy lifestyle changes, etc.



**Nutrition Facts**

Servings per Container 8  
Serving size 1.00Z (1oz)

Amount per serving  
**Calories 90**

% Daily Value*	
Total Fat 9g	15%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 180mg	8%
Total Carbohydrate 3g	1%
Dietary Fiber 1g	4%
Total Sugars 0g	
Includes 0g Added Sugar	0%
Protein 1g	
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0.36mg	2%
Potassium 0mg	0%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

\* **Benefits**

Garlico Original - Freshly Whipped Garlic

**Ingredients**

Fresh Garlic, Vegetable Oil, Olive Oil, Salt, Natural Citric Acid

**Allergens**

**Free From:**

- crustaceans
- eggs
- fish
- milk
- peanuts
- sesame
- soy
- tree nuts
- wheat

**Handling Suggestions**

Keep Refrigerated UNIT UPC: 0075513412348

**Serving Suggestions**

1 ounce

**Prep & Cooking Suggestions**

Ready To Eat

**Product Specifications**

Brand	Manufacturer
Al Amir Fresh Foods	LYDIA PACK 3 INC

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
0075513412348	12348	123481	00755134123483		12/8 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
7lb	6lb	United States	No	

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
14in	10in	4in	0.32ft3	14x8	26days	35°F / 37°F



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Nutrition Analysis - By Measure

Calories	90	Total Fat	9g	Sodium	180mg
Protein	1	Trans Fats	0g	Calcium	0mg
Total Carbohydrates...	3g	Saturated Fat	1.5g	Iron	0.36mg
Sugars	0g	Added Sugars	0g	Potassium	0mg
Dietary Fiber	1g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

Additional Images

